Division of Behavioral Health

DSS
Strong Families - South Dakota's Foundation and Our Future

Substance Use Disorder Treatment Data

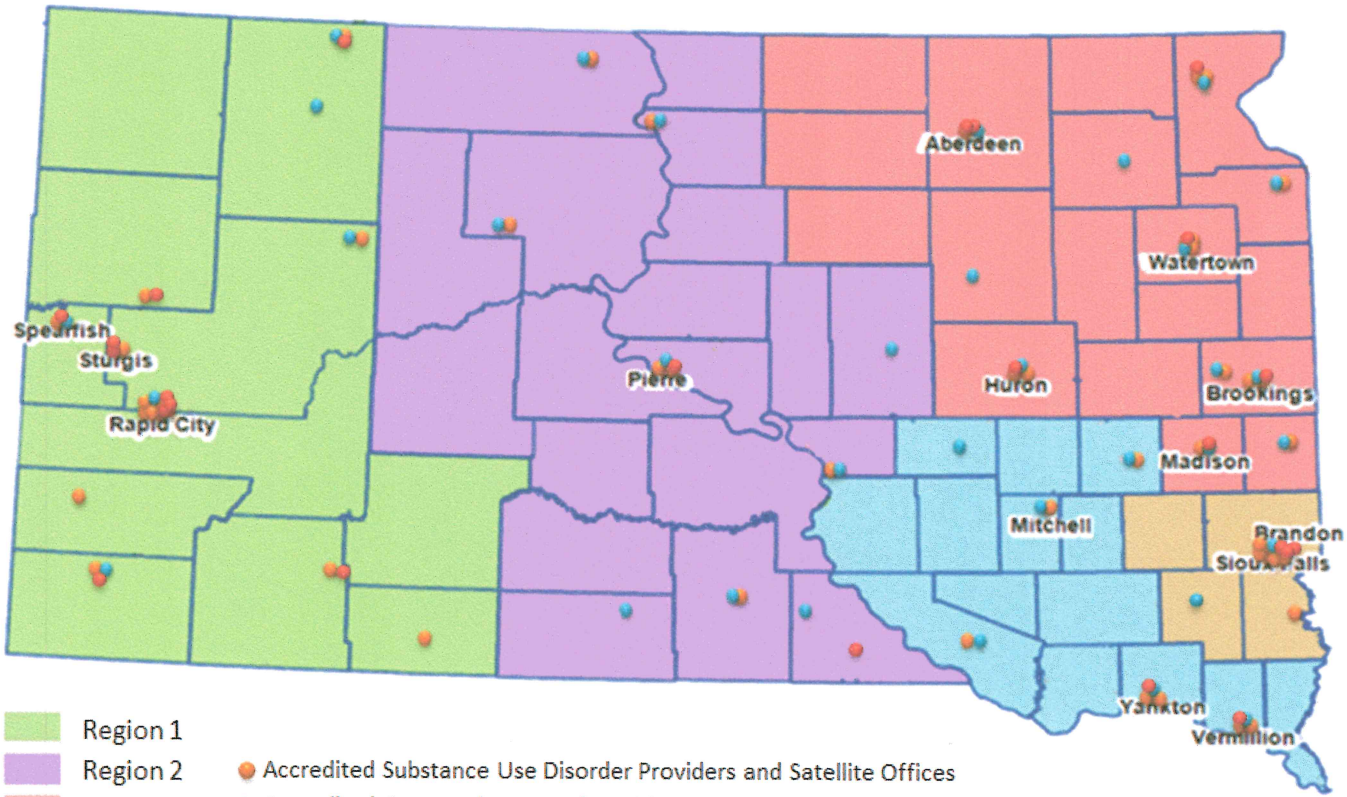
Substance Use Disorder Services

- 38 Accredited Treatment Providers
  - Services to over 11,000 individuals annually
  - Services include crisis intervention, assessments, individual and group counseling, day treatment, outpatient treatment, residential and inpatient treatment

- 23 Prevention Providers & Coalitions and 3 Prevention Resource Centers
  - Prevention messaging/services reaches over 235,000 South Dakotans
  - Focus is on substance abuse prevention and suicide prevention
  - Provide evidence-based services in schools & community, awareness/education activities, and various trainings (e.g. suicide prevention, Mental Health First Aid, etc.)

DSS
Strong Families - South Dakota's Foundation and Our Future

Statewide Accredited Providers



DSS
Strong Families - South Dakota's Foundation and Our Future

Prevention Services

- **Prevention Services** – Evidence-based services provided in communities and schools
  - Lifeskills Training (school based curriculum)
  - Project Success (school based curriculum)
  - Strengthening Families Program
  - Brief Alcohol Screening and Intervention for college students
  - Communities Mobilizing for a Change on Alcohol
  - PRIME For Life

- **Resource centers** – Provide training and assistance on evidence-based programs to the coalitions

DSS
Strong Families - South Dakota's Foundation and Our Future

Methamphetamine Awareness Campaign

- State is partnering with Epicosity, LLC in Sioux Falls in creating the campaign, which is geared at educating high school students and community members on the dangers of methamphetamine use

- Kick-off this summer with community activities, followed by school-based trainings beginning in the fall

- Prevention coalitions/resource centers will conduct the community activities and school-based trainings throughout FY 2017

DSS
Strong Families - South Dakota's Foundation and Our Future

Treatment Services

- **Outpatient Services** – Early intervention, assessment services, individual and group counseling for adults and adolescents
- **Day Treatment** - Clinically intensive program that generally provides structure and 24 hour support in a supervised living situation
- **Low Intensity Residential Services** – Services in a residential setting that allow residents to maintain employment and community supports while residing in a sober living environment
- **Inpatient Services** –Provide a structured intensive treatment program

DSS
Strong Families - South Dakota's Foundation and Our Future

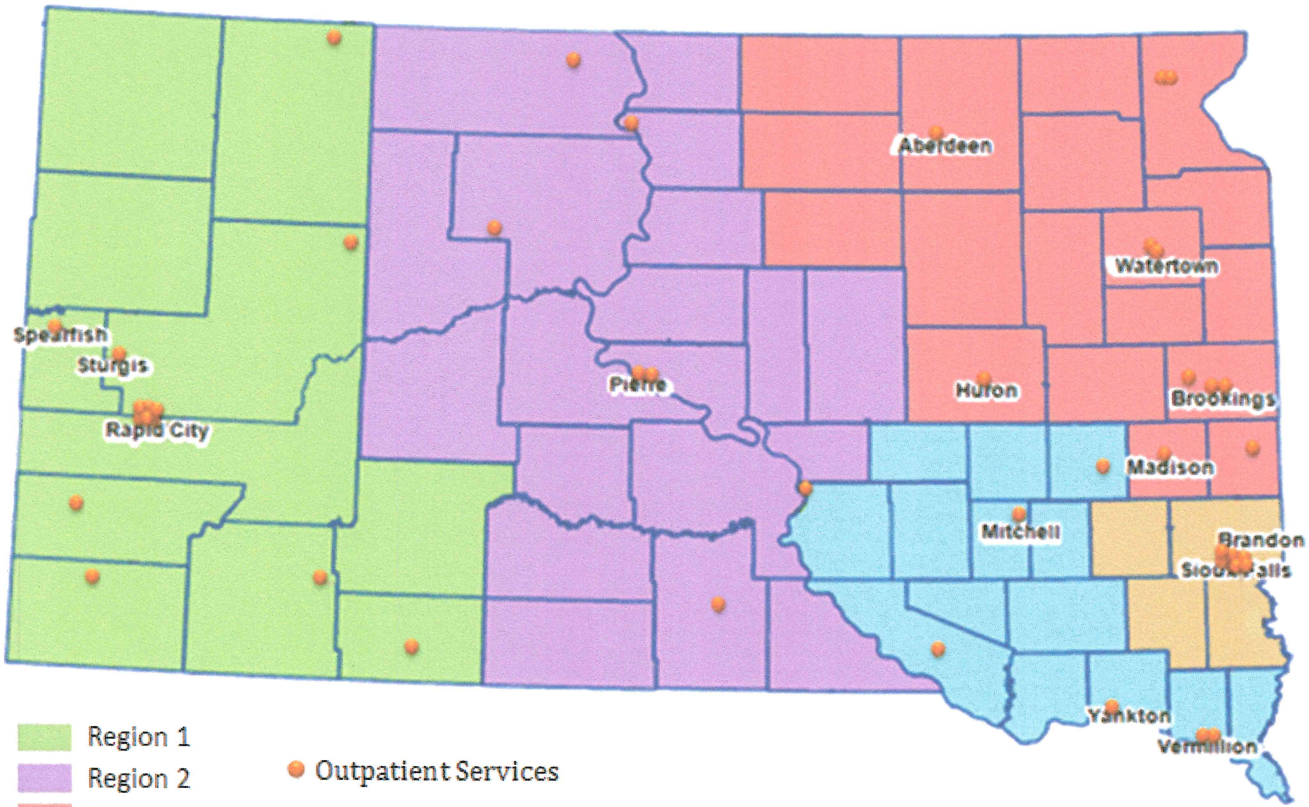
Outpatient Services

- **Outpatient Services** –assessment services, individual, group, and family counseling for adults and adolescents
  - **Outpatient (1.0) -** Non-residential program which provides services to those persons harmfully affected by alcohol or drugs through regularly scheduled counseling services.
    - Up to 9 hours of counseling per week
  - **Intensive Outpatient Treatment (2.1) -** A non-residential program which provides a clearly defined, structured, intensive outpatient treatment program.
    - Minimum of 9 hours of counseling per week provided in two or more separate sessions.

- **SFY15 Clients Served:** 7,910 Adults and 844 Adolescents

DSS
Strong Families - South Dakota's Foundation and Our Future

Outpatient Services



DSS
Strong Families - South Dakota's Foundation and Our Future

Day Treatment

- **Day Treatment (2.5)** – A clearly defined, structured, intensive treatment program
  - Adults
    - Minimum of 20 counseling hours per week
  - May include a residential component
  - Adult programs (with residential) located in Aberdeen

- **SFY15 Clients Served:** 218 Adults

DSS
Strong Families - South Dakota's Foundation and Our Future

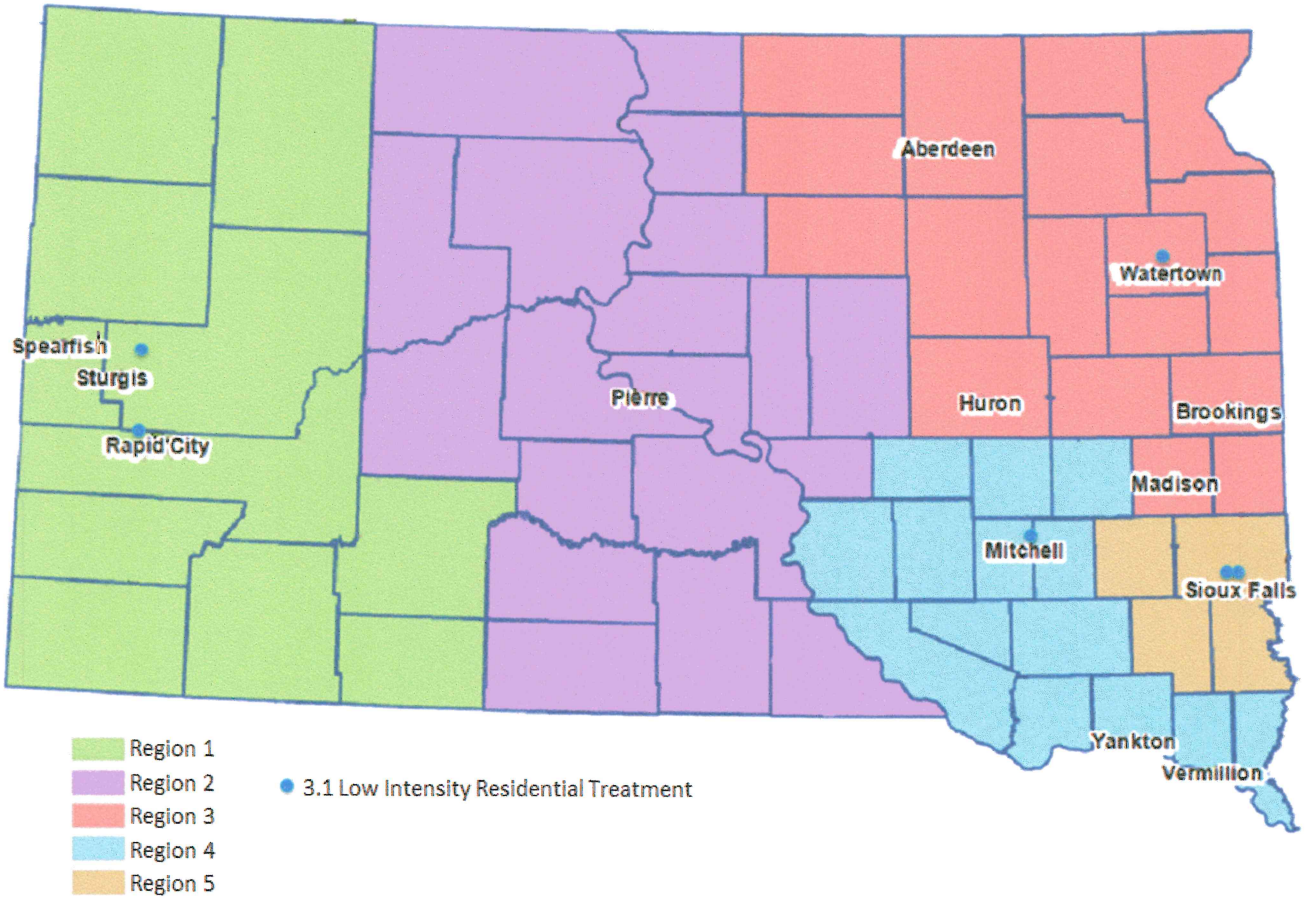
Low Intensity Residential Services

- **Low Intensity Services (3.1)**– Clinically Managed Low Intensity Residential Treatment
  - Clients who attend this level of service receive counseling services with special emphasis on relapse prevention planning
  - Provides case management services that help clients find employment and coordinate other services as necessary
  - Intensity of services is a minimum of 5 counseling hours per week
- Providers located in Rapid City, Vale, Watertown, Mitchell, and Sioux Falls
- **SFY15 Clients Served:** 1,009 Adults

DSS
Strong Families - South Dakota's Foundation and Our Future

Substance Abuse Prevention
June 15, 2016
Document #5
Page 10 of 28

Low Intensity Residential Services



DSS
Strong Families - South Dakota's Foundation and Our Future

Inpatient Services

- **Inpatient Services (3.7)**– residential services that provide a medically monitored and structured intensive treatment program
  - Prior authorization from the Division of Behavioral Health is required
  - Minimum of 30 hours of treatment per week for adults

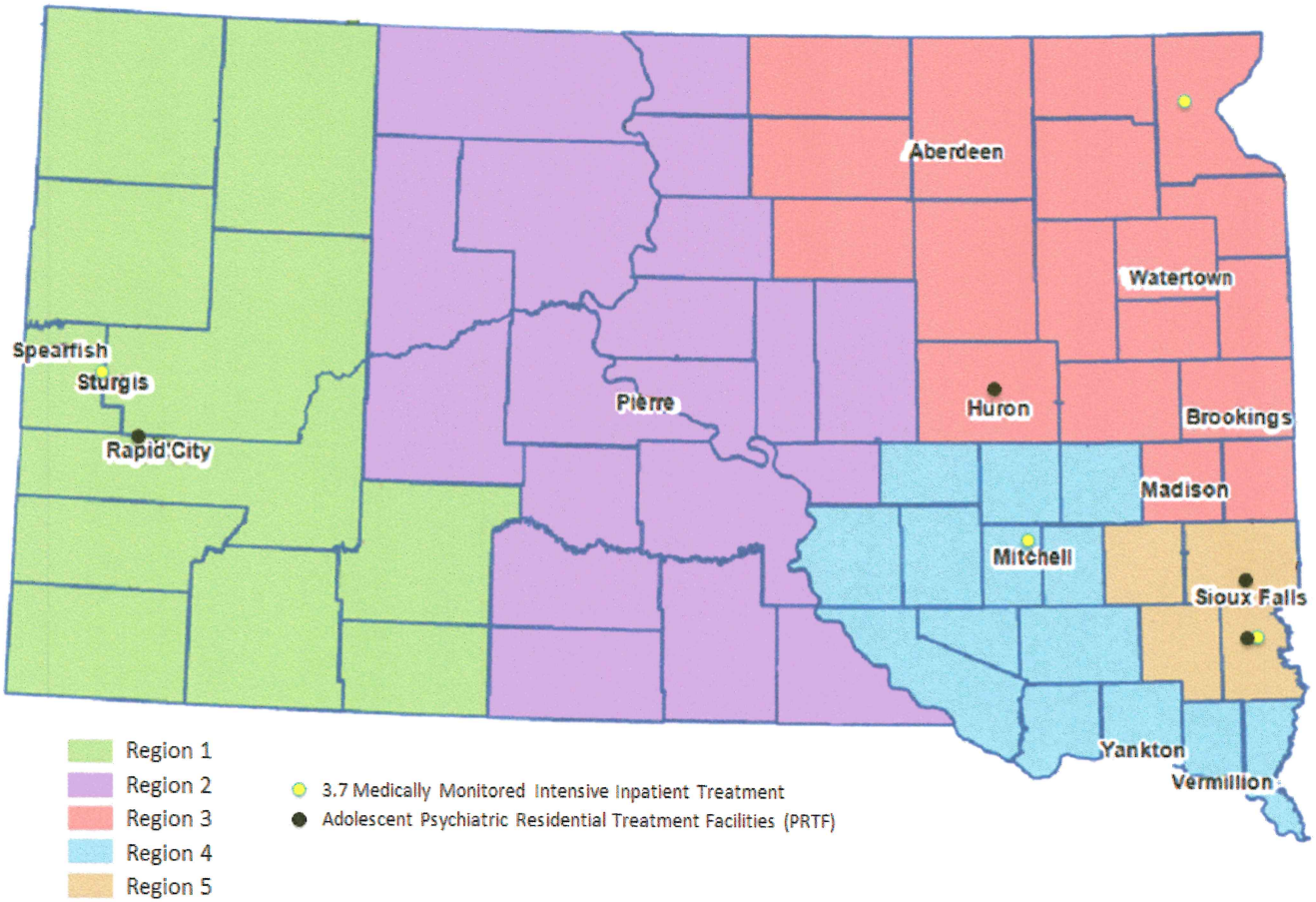
- Adult Inpatient programs located in Sturgis, Sisseton, Mitchell, and Canton

- Adolescent PRTF Inpatient programs located in Huron, Sioux Falls, Canton, and Rapid City

- **SFY15 Clients Served:** 307 Adults and 311 Adolescents

DSS
Strong Families - South Dakota's Foundation and Our Future

Inpatient Services



DSS
Strong Families - South Dakota's Foundation and Our Future

Specialized Pregnant Women Treatment

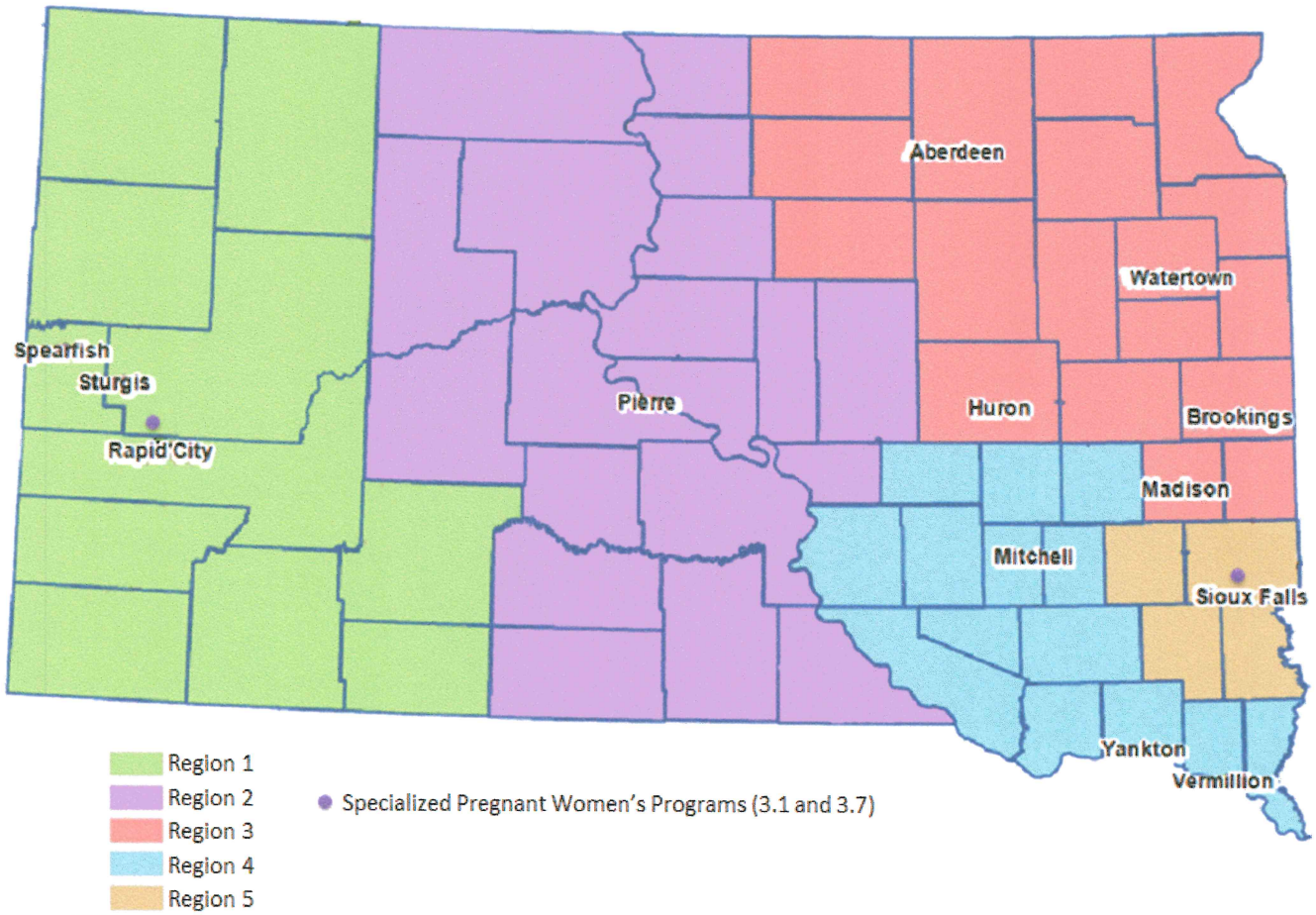
- **Specialized Pregnant Women Services-** provides inpatient treatment (3.7) and clinically managed low intensity residential services (3.1) for women and adolescents who are pregnant and/or have dependent children.
  - Program provides:
    - Primary medical care for women, including referral for prenatal care
    - Primary pediatric care, including immunization, for their children;
    - Substance use and other therapeutic interventions for women which may address issues of relationships, sexual and physical abuse and parenting, and child care
    - Therapeutic interventions for children of women in treatment to address their development needs, issues of sexual and physical abuse, and neglect

- Programs located in Sioux Falls and Rapid City

- **SFY15 Clients Served:** 91 Adults and 18 Adolescents

DSS
Strong Families - South Dakota's Foundation and Our Future

Specialized Pregnant Women Programs



DSS
Strong Families - South Dakota's Foundation and Our Future

Detoxification Services

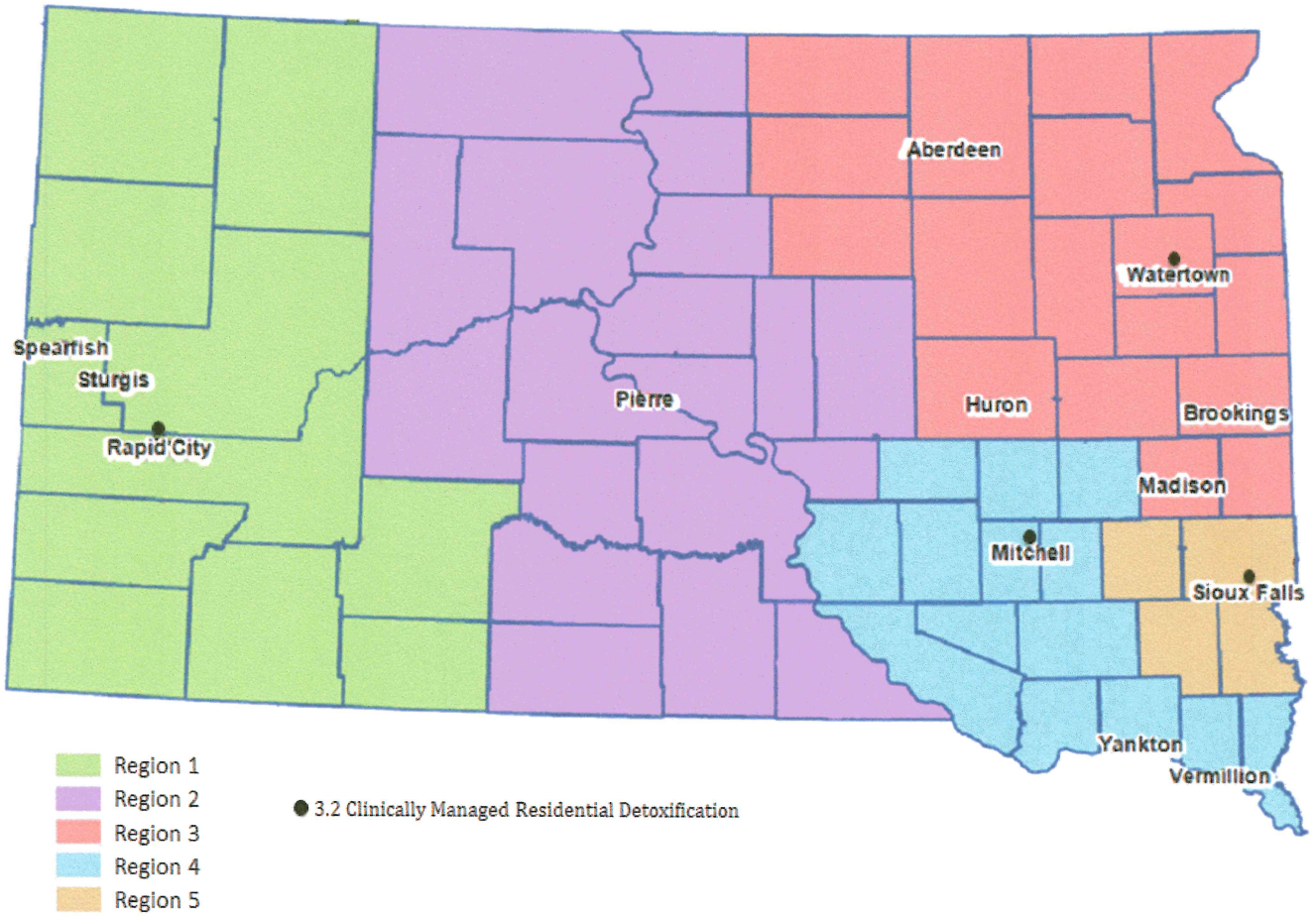
- **Detoxification Services**
  - Clinically Managed Residential Detoxification provides 24-hour supervision, observation, and support for individuals who are intoxicated or experiencing withdrawal. All programs at this level rely on established clinical protocols to identify individuals who are in need of medical services beyond the capability of the facility and to transfer such individuals to more appropriate levels of care when necessary.

- Providers located in Rapid City, Watertown, Mitchell, Sioux Falls

- **SFY15 Clients Served:** 1,231 Adults

DSS
Strong Families - South Dakota's Foundation and Our Future

Detoxification Services



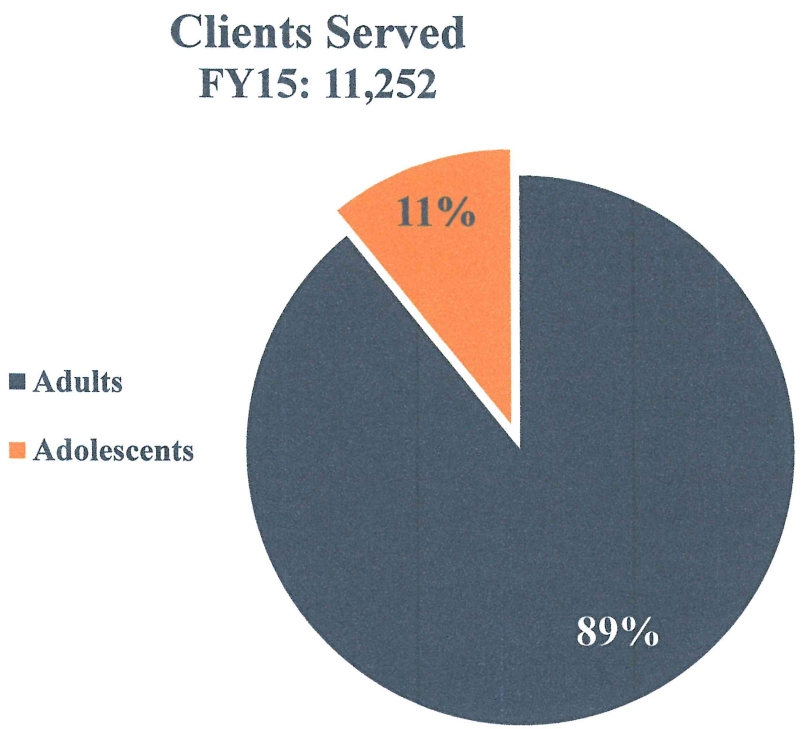
DSS
Strong Families - South Dakota's Foundation and Our Future

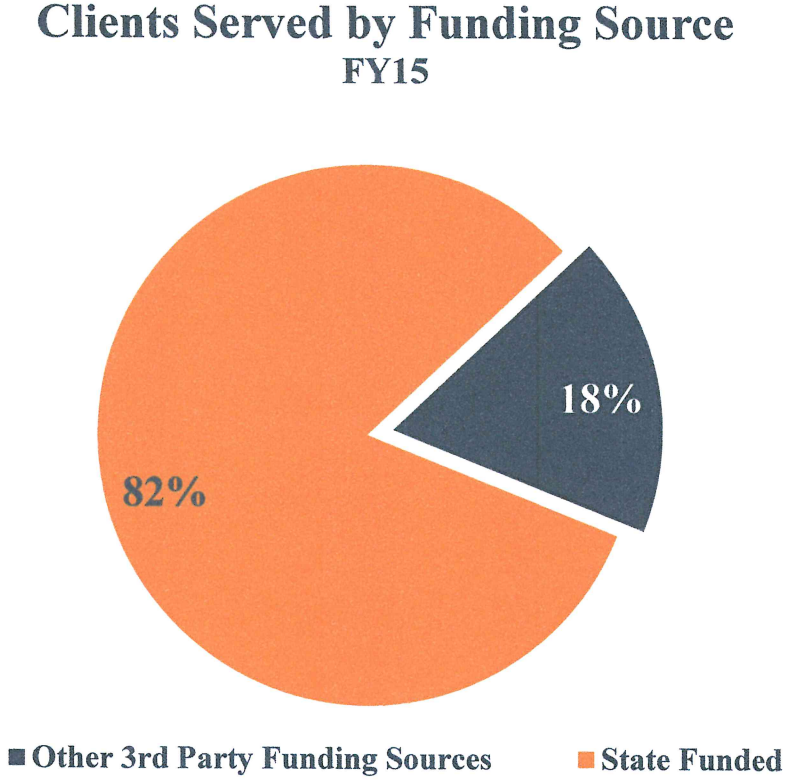
Intensive Methamphetamine Services

- **Intensive Methamphetamine Services**
  - Long-term treatment that consists of four phases to assist individuals with severe methamphetamine
    - Phase 1: provides detoxification services for clients experiencing acute withdrawal symptoms.
    - Phase 2: provides intensive day treatment (20-29 hours per week) or intensive inpatient treatment (30 hours per week) for approximately 30 to 45 days.
    - Phase 3: provides transition to a low-intensity residential program along with intensive outpatient treatment (9-15 hours per week) for approximately 90 to 120 days.
    - Phase 4: provides transition to an independent living situation and continues outpatient treatment for up to 8 months. During this phase a mentor is assigned to the client to support the client in the community.
- Two treatment programs located in Sioux Falls and Rapid City
- **SFY15 Clients Served:** 100 Adults

DSS
Strong Families - South Dakota's Foundation and Our Future

Clients Served



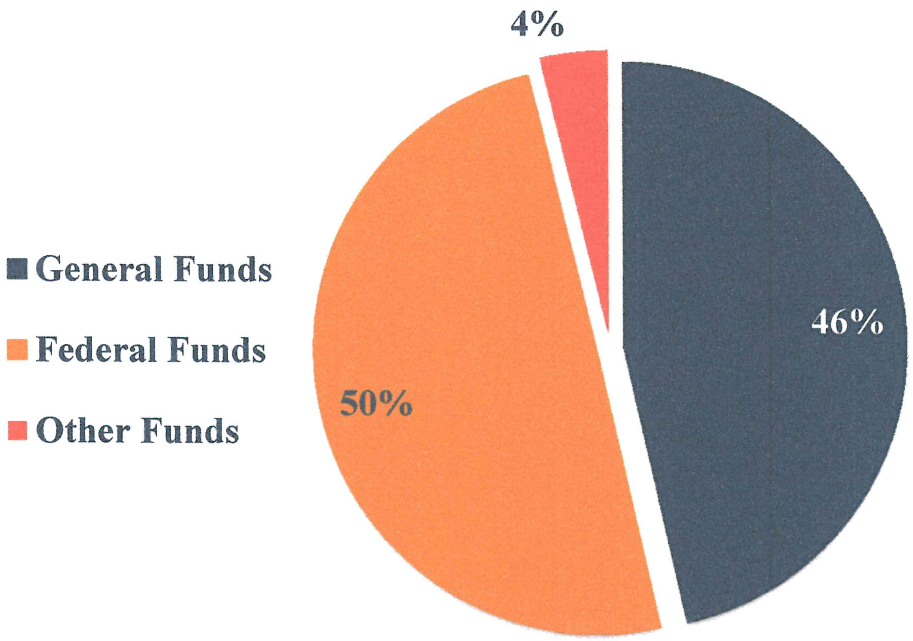


DSS
Strong Families - South Dakota's Foundation and Our Future

State Funded Treatment

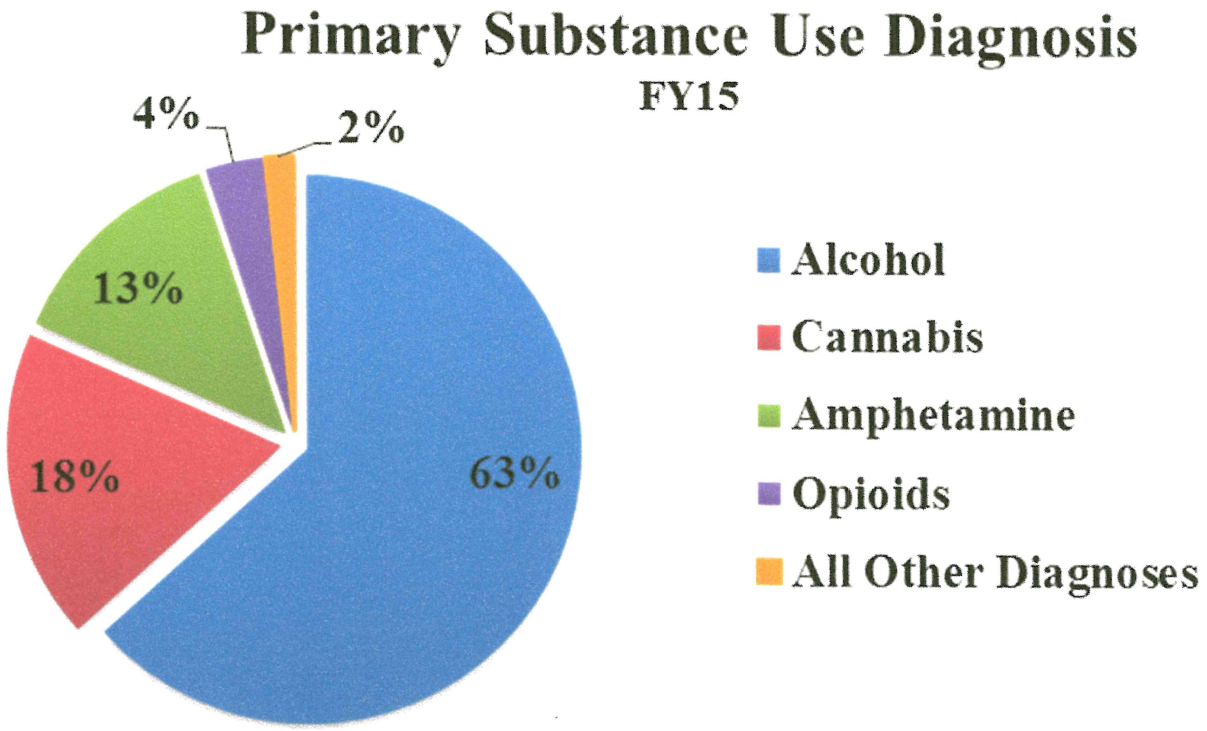
Substance Use Disorder

FY2015 Budget: $23,309,941



DSS
Strong Families - South Dakota's Foundation and Our Future

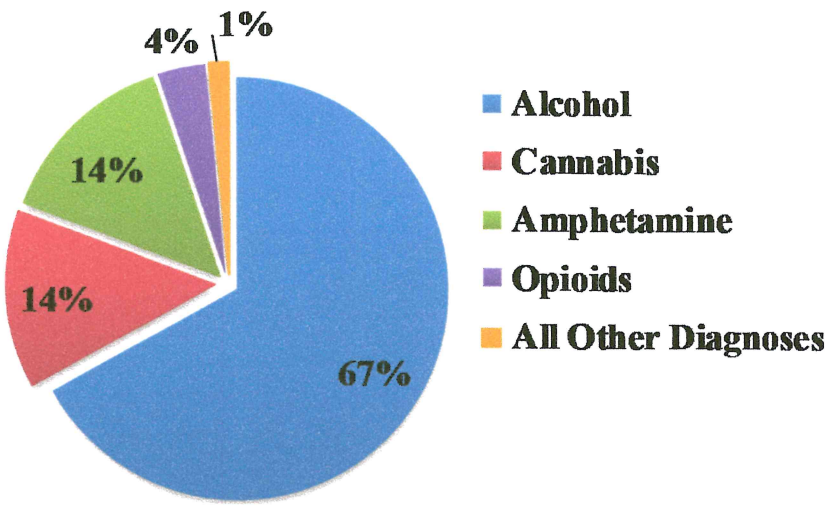
All Clients Served by Diagnosis



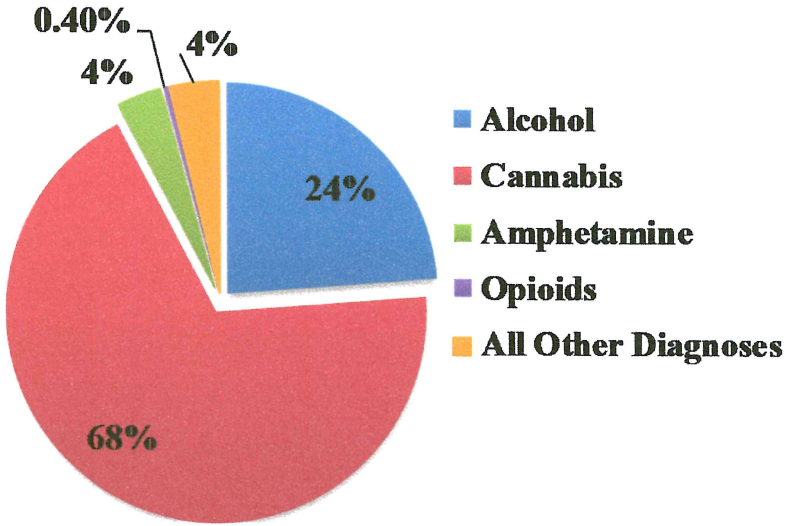
DSS
Strong Families - South Dakota's Foundation and Our Future

Clients Served by Diagnosis

Primary Substance Use Diagnosis
Adults – FY15

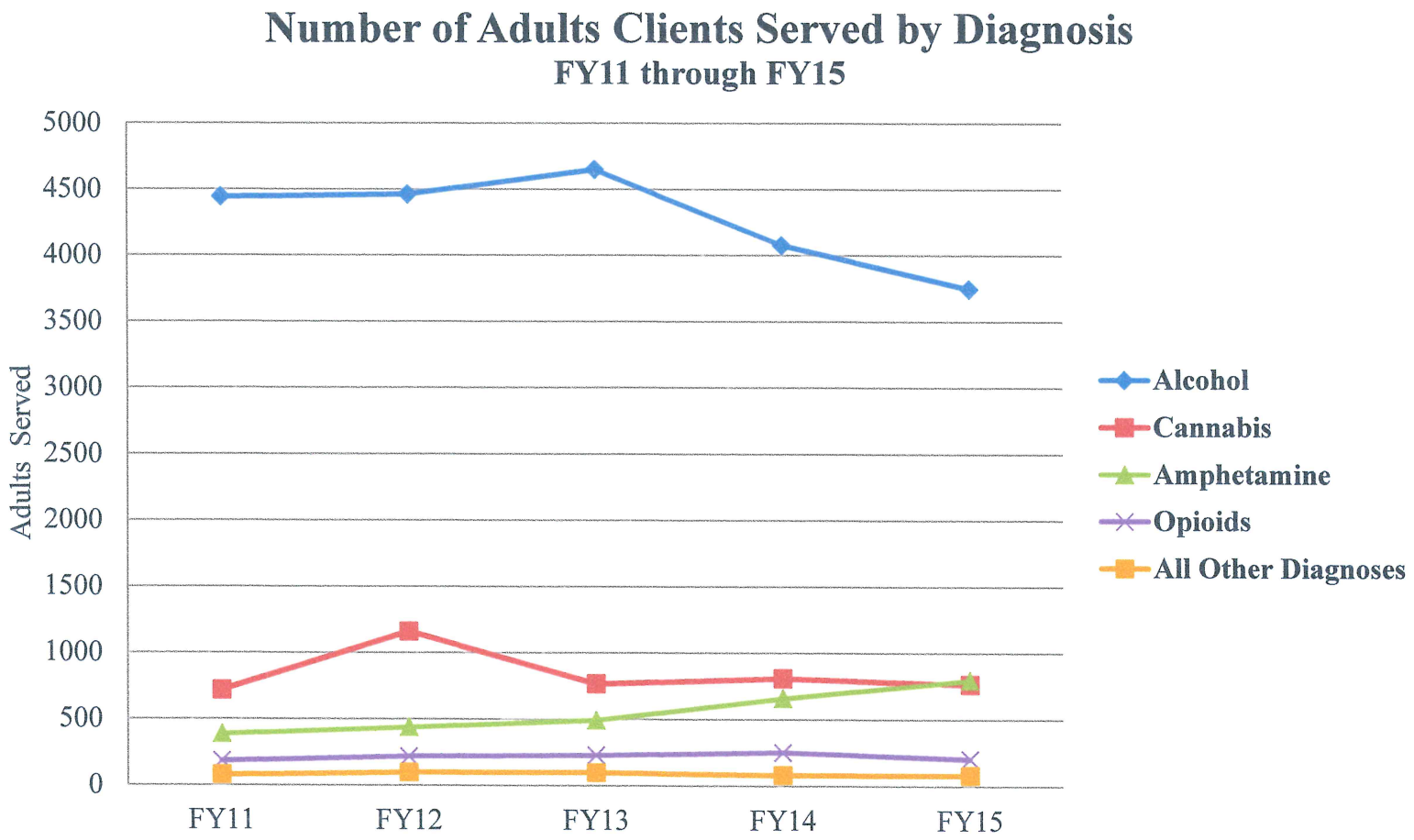


Primary Substance Use Diagnosis
Adolescents – FY15



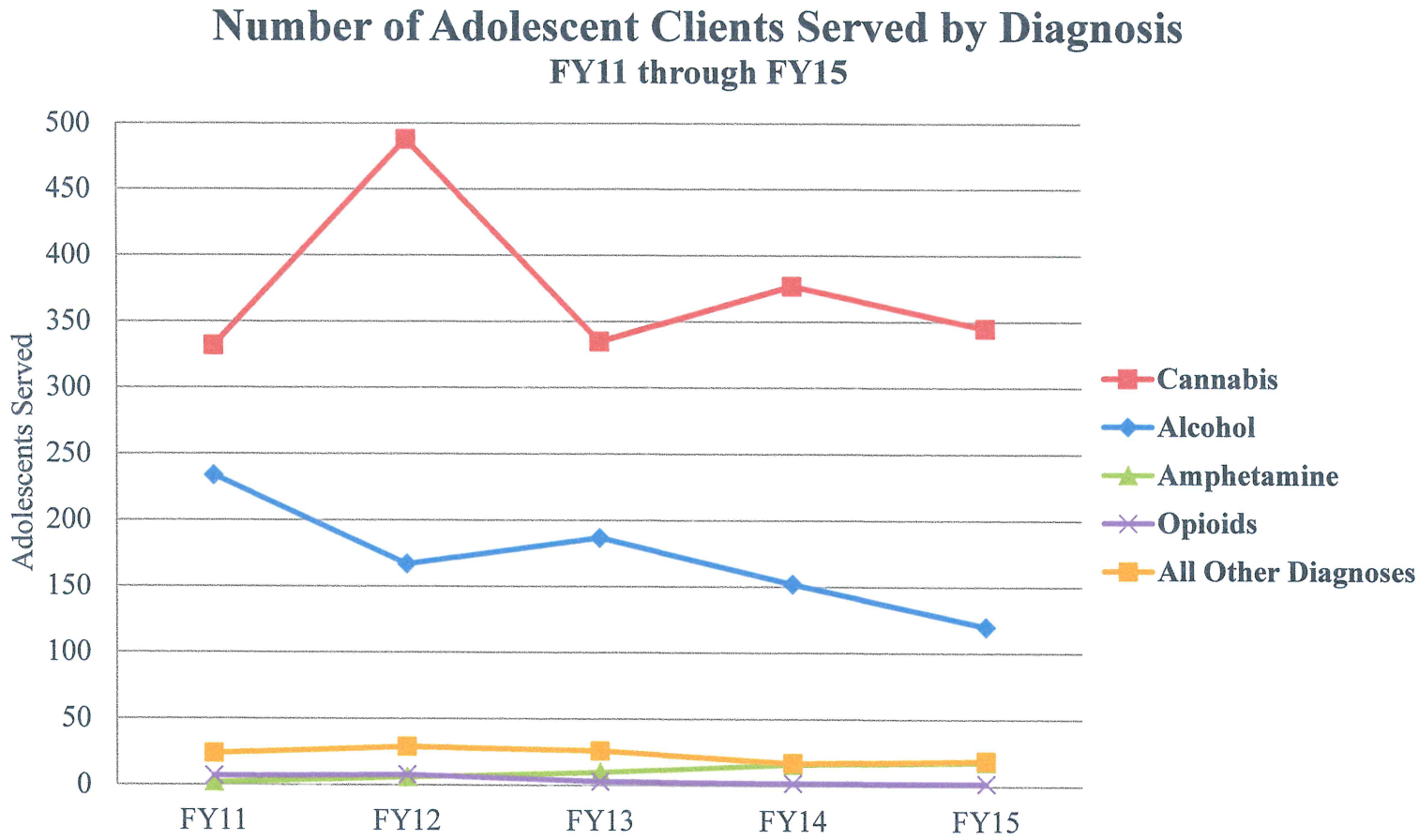
DSS
Strong Families - South Dakota's Foundation and Our Future

Adult Clients Served by Diagnosis



DSS
Strong Families - South Dakota's Foundation and Our Future

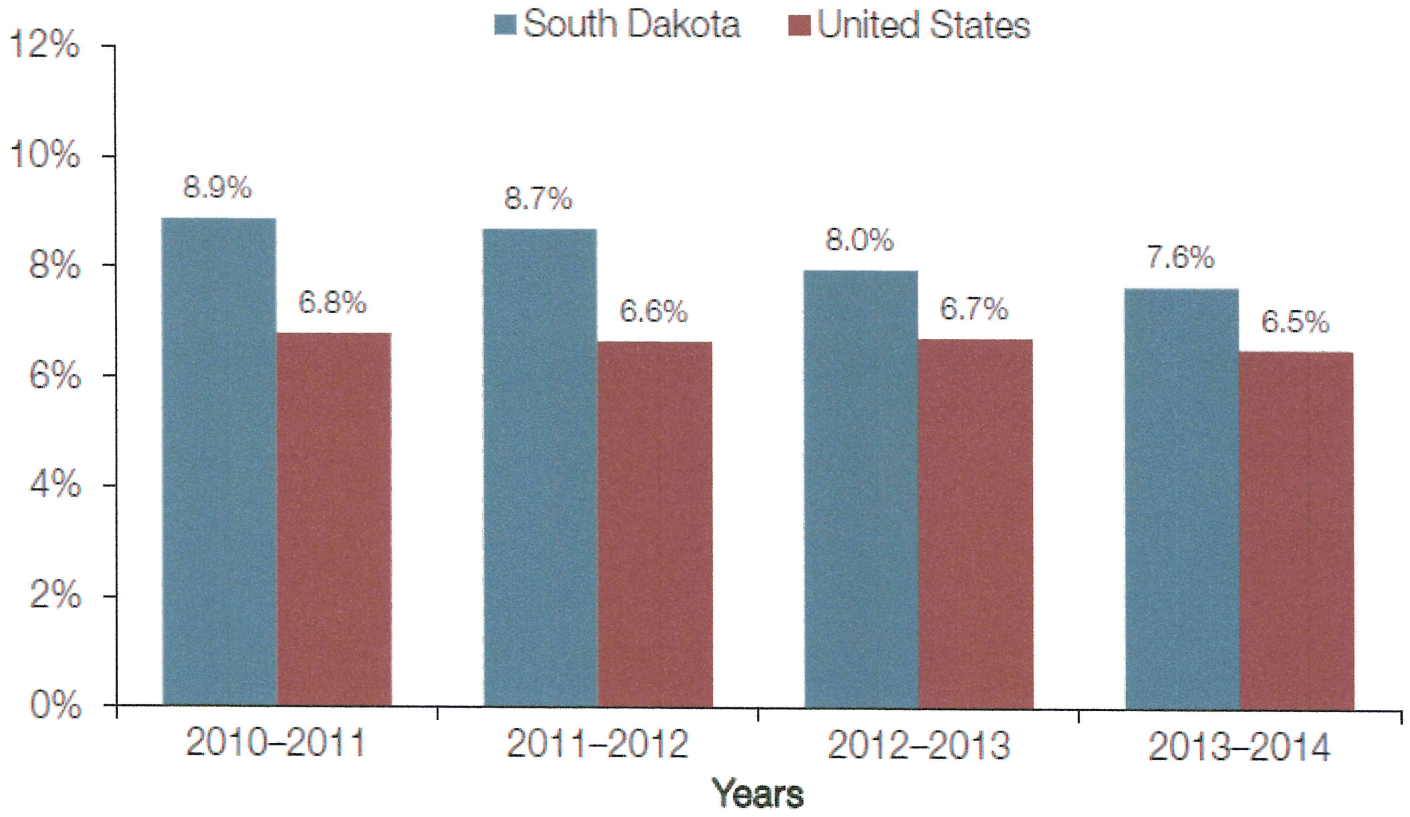
Adolescent Clients Served by Diagnosis



DSS
Strong Families - South Dakota's Foundation and Our Future

Prevalence Rates

Alcohol Dependence or Abuse Among Individuals 12 and Older



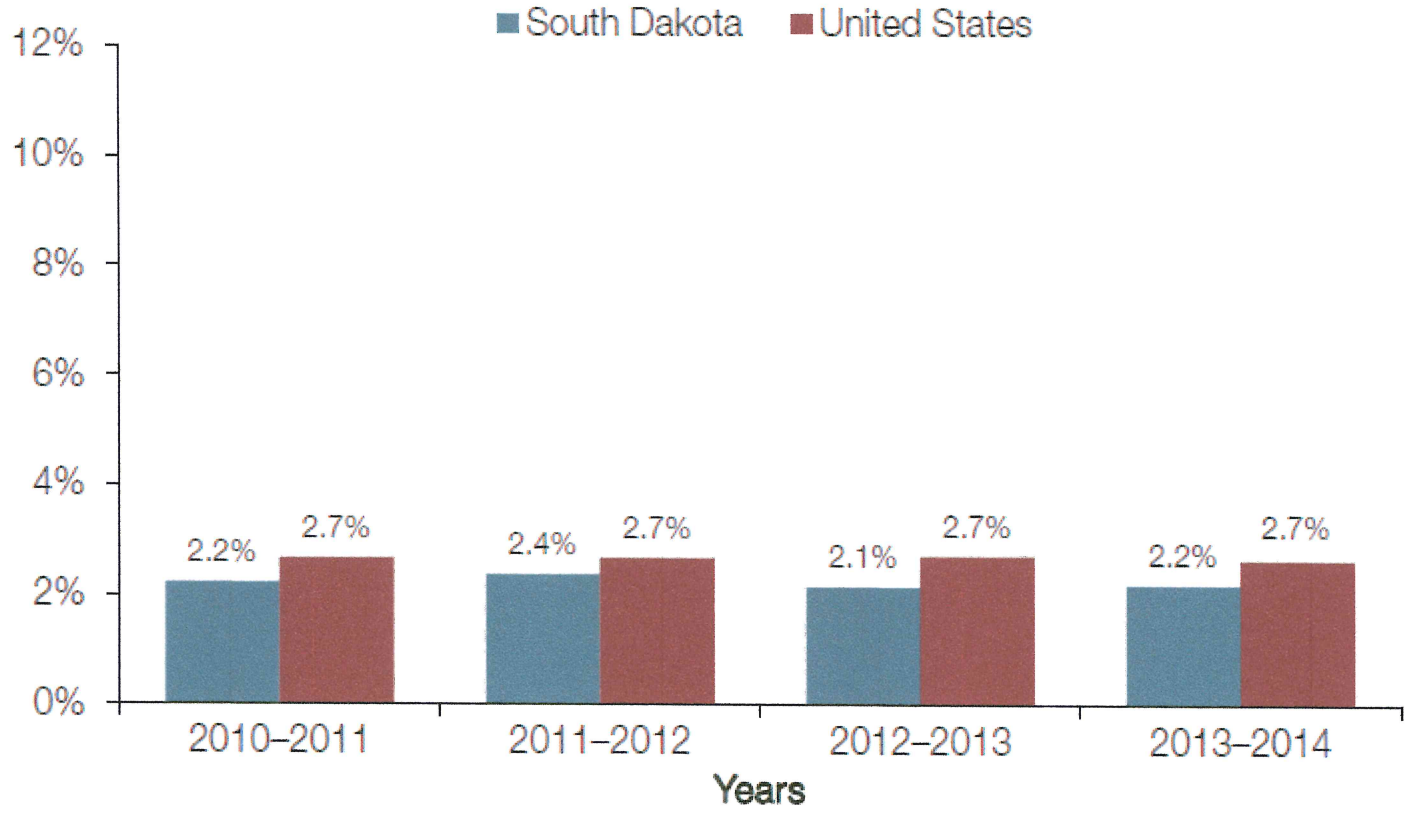
DSS
Strong Families - South Dakota's Foundation and Our Future

*The percent did not change significantly from 2010-2011 to 2013-2014.

Substance Abuse Prevention
June 15, 2016
Document #5
Page 25 of 28

Prevalence Rates

Illicit Drug Dependence or Abuse Among Individuals 12 and Older



DSS
Strong Families - South Dakota's Foundation and Our Future

*The percent did not change significantly from 2010-2011 to 2013-2014.

Substance Use Disorder Outcomes

Completion rates – successful completion of substance abuse treatment/programming :

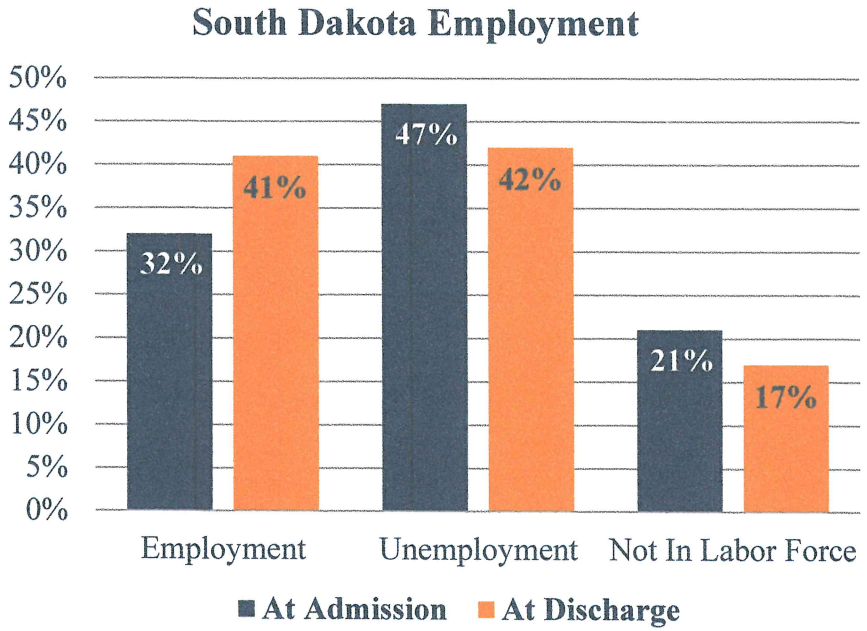
- SD's rate: 66%
- National average: 42%

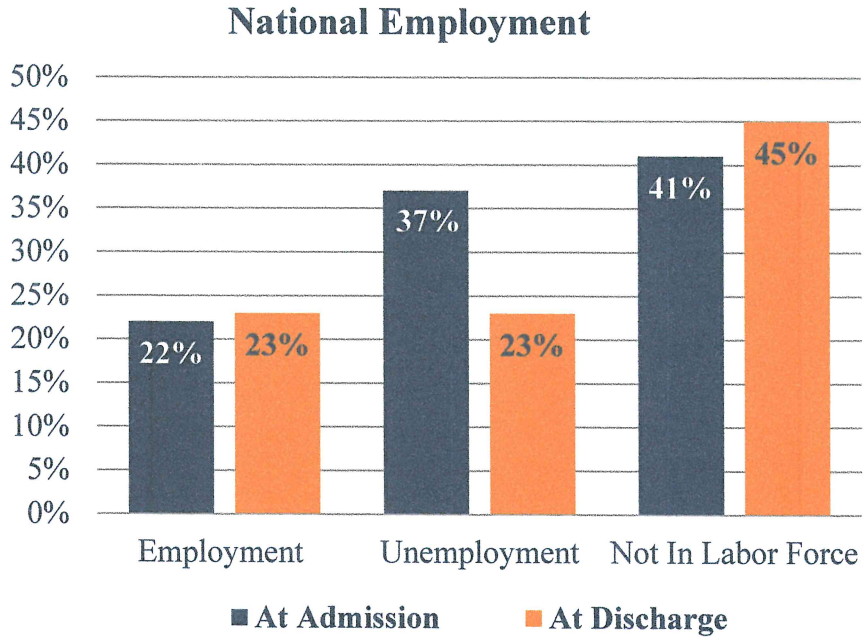
DSS
Strong Families - South Dakota's Foundation and Our Future

Substance Use Disorder Outcomes

Employment Rate from Admission to Discharge

- South Dakota's employment[1] rate after discharge is 18% higher than the national average





DSS
Strong Families - South Dakota's Foundation and Our Future

[1] Employment includes employed full or part time

Substance Abuse Prevention
June 15, 2016
Document #5
Page 28 of 28