

**Mobile Crisis Team
(MCT)
-Kim Hansen**



Mobile Crisis Services

- Mobile Crisis Team (**MCT**) services known to be available in:
 - Sioux Falls, SD
 - Rapid City, SD (crisis beds only)
 - Pierre, SD

History

- The Mobile Crisis Team was created in **2011** with limited weekend hours
- Hours were extended to **24/7, 365** shortly after
- Services expanded to Lincoln County in **2015**

MCT Staff in Sioux Falls

- Staff are full or part-time employees of Southeastern Behavioral HealthCare
- Staff have a mobile phone safety app available to summon law enforcement if needed



Purpose

A Mobile Crisis Team

is called out on law enforcement calls where individuals are expressing **suicidal** ideation, **homicidal** ideation or displaying other types of behavioral issues which may **inhibit** their ability to meet **basic needs** or cause **danger to self or others**. These individuals meet criteria for an *involuntary mental health hold*.



Purpose...

- Decrease the impact of mental health emergencies through immediate response to deescalate crisis that may lead to major incidents:
 - Reduce unnecessary mental illness commitment holds
 - Reduce escalation of a crisis that leads to arrest
 - Reduce unnecessary hospital admissions

Expansion of Services:

When SFPD encounter an individual that is struggling with symptoms of their mental health diagnosis, our MCT or on-call staff at 5th Street will be available to provide assistance.



MCT Services in Sioux Falls

- Assessment and stabilization of situations such as threats of suicide, self-harm, or harm to others
- Assistance with decision-making process for mental holds and connection to higher level of care when necessary
- Problem solving when hospitalization is not the best intervention
- Connection to outpatient resources
- Follow-up contacts within the first 24 hours

MCT Process

- Law enforcement arrives on scene and may page MCT (**staff have 5 minutes to respond**) based on situation
- The situation is explained and, if in agreement that the situation may be resolved without a psychiatric hospitalization, the team member will report to the scene (**within 20 minutes if possible**)

- Attempt will be made to meet face to face with the individual to help deescalate
- Team member will write up a safety plan



Safety Plan Includes:

- Summary of why law enforcement was called
- Situation that lead to the crisis
- Safety questions
- Plan for the next **24** hours
- Signatures of individual and MCT member

- Copy of plan is given to individual
- A follow up call is offered for the following day
- Of all Mobile Crisis calls, **95%** remain at home successfully

MCT Success



Safety Plan

- Individuals are able to remain at home to be with their families
- Go to jobs
- Stay with pets
- Carry on with regular routine

24 Hour Follow up

- Monitor status
- Discuss potential referrals for:
 - Therapy
 - Case Management
 - Additional community resources

Only 27 of the 534 calls in 2017 were repeat calls

MCT continued...

Calls are declined if:

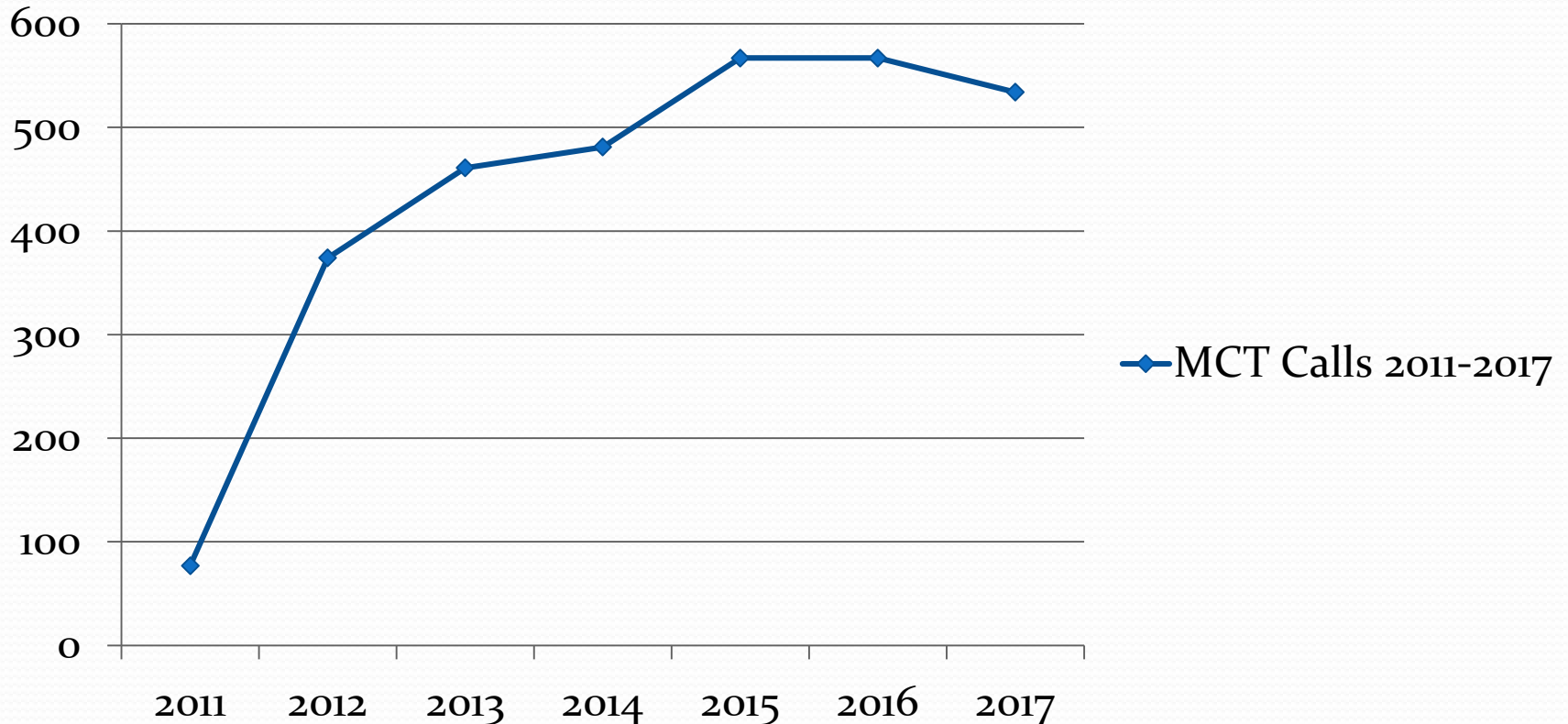
- There is no probable cause for a Mental Health hold
- The consumer is too violent or weapons are involved
- The consumer is too impaired to speak to MCT (highly intoxicated or on drugs)
- The consumer possibly overdosed and needs medical attention
- A parent or guardian is not present to give authorization for MCT to speak to adolescent

Mobile Crisis
does not go into
Emergency
Departments



Calls for MCT in Sioux Falls have increased with Program Expansion

MCT Calls 2011-2017



MCT 2017 Annual Statistics



Total Calls to MCT	Calls Taken	Declined	Remained Home	Voluntary Admission to ABH	Detox/ Other	Hold
606	534	72	450	40	11	33

Total Hours	Avg. Time per Call	1 st Time Calls	Diversion %
25.25	1	507	93.03%

Source	
MCSO	7
SFPD	366
LCSO	4
BPD	3
Tea PD	4

Demographics

Ages	
Under 18	80
18-20	79
21-30	162
31-40	90
41-50	44
51-60	43
61-70	21
71-80	4
81-90	5
Unknown	6

Gender	
Male	280
Female	254

RACE	
Native American	40
Black	21
Hispanic	15
Caucasian	416
Other	42
Unkown	0

Officer Satisfactory	
Highly Satisfied	481
Satisfied	13
Neutral	0
Unsatisfied	0
Highly unsatisfied	0
No Response	40

Thank You

