



AVERA BEHAVIORAL HEALTH

Thomas Otten, LPC-MH
Assistant Vice President



Avera Behavioral Health Overview

- Sioux Falls

- *Outpatient Care*

- Partial Programming for Adults
 - Outpatient Group Therapy for Adolescents
 - Chemical Dependency & Outpatient Therapy
 - ECT
 - TMS

- *Inpatient Care*

- 6 inpatient units: Child, Adolescent, Adults, Seniors-ADC 94, 85% voluntary
 - Level 3.7 Chemical Dependency Facility opening Fall 2019

- Aberdeen

- *Outpatient*

- Chemical Dependency & Outpatient Therapy

- *Inpatient*

- Avera Addiction Care Center
 - Inpatient Mental Health Adult Unit

Avera Behavioral Health Strives to Increase Access and Decrease Barriers

- Free MH Assessment 24/7
- Access to Inpatient Treatment
 - *Volumes for inpatient 5500 admissions a year*
 - *Treatment and programming focuses on acute treatment*
 - *Regional Center of Care: Contracts with Iowa and MN for Holds*
 - *Available beds daily due to close management of length of stay, increase in outpatient services, and bed expansion consequently rare diversions*

Opportunities in Behavioral Health Care

- Highlights:

- *Partial Hospital Programming*
- *Psychoeducation for families without patient present – EBP like trauma*
- *Allow providers to be paid for Case Management Services to prevent relapse and readmission*
- *Strengthen relationship between public and private sectors with innovative ideas to meet the overall needs of the people of South Dakota*