

CRISIS INTERVENTION TEAM (CIT)

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WHAT IS CIT?



HISTORY

<https://www.youtube.com/watch?v=y99kODtyVhk>

- 1987 Memphis, TN police shooting incident
 - 1 in 4 killed have serious mental illness
- 1988 Development of CIT Program
 - Community program
 - NAMI (National Alliance on Mental Illness)
 - Local Mental Health Services

BENEFITS

- 80% decrease in officer injury on mental illness calls for service. (Also a decrease in injury to the public.)
- Decreased amount of time spent on mental disturbance calls by meeting the needs the 1st time.
- Saves money.
 - NAMI reports recidivism helped reduced by 58% with the mentally ill.

SIOUX EMPIRE CRISIS INTERVENTION TEAM TRAINING

- 40hr course
 - CIT International Requirements
 - Mental health professionals
 - Personal interaction with consumers
 - Verbal de-escalation skills
 - Scenario-based responses
- State-wide training
 - Police, sheriff deputies, highway patrol, dispatchers, correctional officers (jail & prison), parole agents, & firefighter
- 25-30% of SFPD are CIT certified
- [SFPD CIT Training Class](#)

NEED FOR CIT

- Approximately 10% of police contact is with persons suffering with a serious mental illness
- Gatekeepers (As much as 30% of those with mental illness get their first diagnosis after contact with law enforcement.)
- Jail settings
 - 14.5% males
 - 31% females

THREE LARGEST PSYCHIATRIC INSTITUTES IN THE UNITED STATES?

- Los Angeles Co. Jail “Twin Towers”
- Cook Co. Jail, Chicago, IL
- Rikers, New York



GOAL OF CRISIS INTERVENTION TEAM

- A safer environment for both officers and the public.
- Connect individuals to appropriate resources and help avoid the revolving door syndrome. (including incarceration)
- Calming and de-escalating those in crisis.

