

Lutheran Social Services of SD

Counseling Services

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Strengthening Individuals,
Families & Communities

Overview

- Founded in 1920
- Statewide, multi-service agency
- \$21.9 million operating budget
- Accredited by the Council on Accreditation for Children & Families
- Major Services Lines
 - Adoption & Pregnancy Counseling
 - Foster Care
 - Residential Services for Youth
 - Alternatives to Detention
 - Youth Independent Living
 - Mentoring
 - Center for New Americans
 - Center for Financial Resources
 - Childcare & Education
 - Disaster Response
 - Re-Entry Services
 - [Counseling Services](#)



Counseling Services

- Services since 1980s
- \$3.2 million operating budget
- Licensed, master's level clinicians
- Individual, family, group, couples counseling
- Accredited by DSS, Division of Behavioral Health for outpatient substance use services
- Primary offices: Sioux Falls, Rapid City, Watertown, Aberdeen
 - Satellite offices: Milbank, Sisseton, Mitchell, Brookings, Wagner, Yankton, Sturgis
 - 27 schools in Sioux Falls, Harrisburg, Canton, Tea, Dell Rapids, Brandon, Sioux Falls Catholic school districts



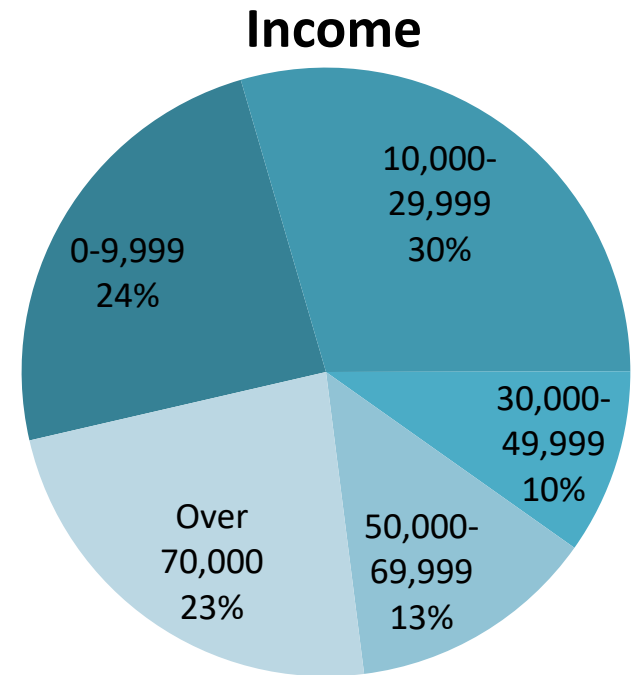
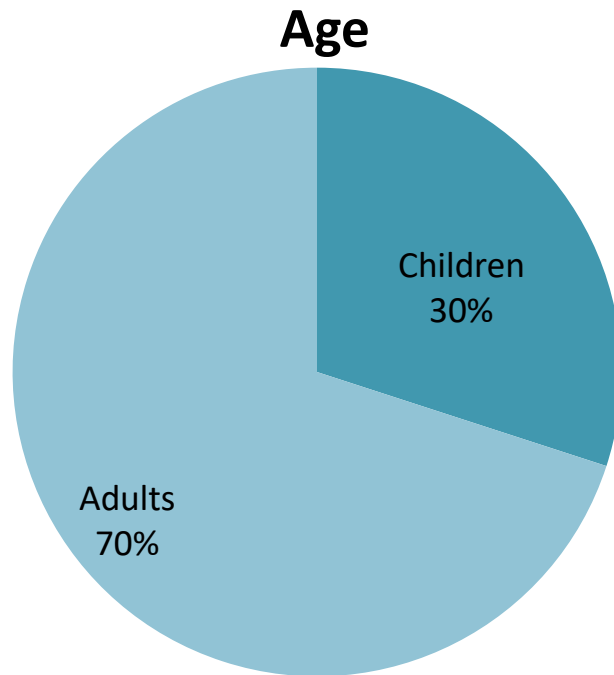
Funding

- Sliding Scale Fee
- United Way
- Contributions
- Insurance
- Medicaid (Private Practitioner)
- Medicare
- Employee Assistance Programs
- Division of Behavioral Health Contracts
 - JJRI Services (FFT/ART/MRT)
 - CJJ Services (MRT/CBISA)



Demographics

- 4,152 individuals served annually



Outcomes

- 73% of clients made progress toward the completion of the goals outlined in their treatment plan
- Clients experienced a 21% reduction in symptoms from the first session to the fourth session (based on the Basis-32 assessment)
- 63% of families who participated in Functional Family Therapy successfully completed
- 52% of telehealth CBISA clients successfully completed
- 67% of telehealth MRT clients successfully completed



Trends

- Evidence-Based Practices
- Data-Driven Decision-making
- Reducing Barriers to Service
 - Telehealth Services
 - School-Based Mental Health



Challenges

- Cost of Services Exceeds Income per Hour
- Provider Shortages
- Provider Pay
- Maintaining Services in Rural Areas
- Complex Third-Party Payer Billing
- Inability to Bill LPCs/CSWs to Medicaid as Private Practitioner



Re-Entry Services

- Serves individuals releasing from jail or prison
- Provide case management, mentoring & work training program
- Offer MRT-DV services in DOC facilities
- Services centered in Sioux Falls & Rapid
- New ICIP program in Rapid City targets female probation violators – using Hazeldon curriculum *Moving On*

