



Western Interstate Commission
For Higher Education

National Suicide Trends

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September 11, 2018



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Agenda

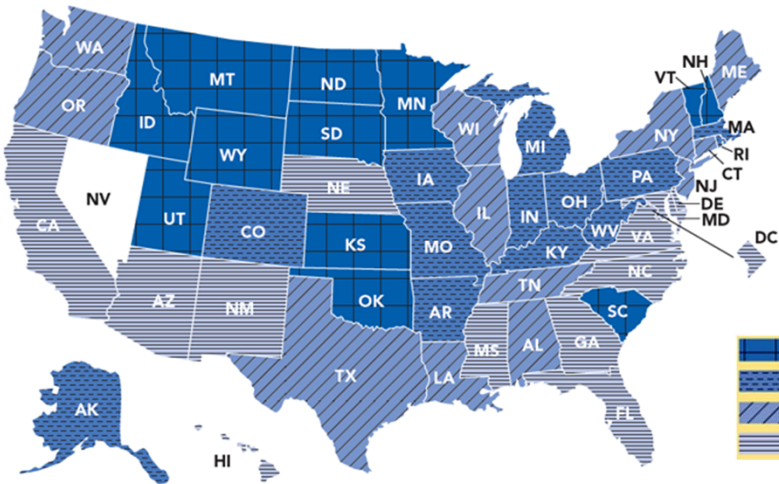
- Suicide data
- Strategies for preventing suicide



Suicide Data



Suicide rates are increasing across the U.S.



Half of states' suicide rates increased by more than 30% from 1999 to 2016

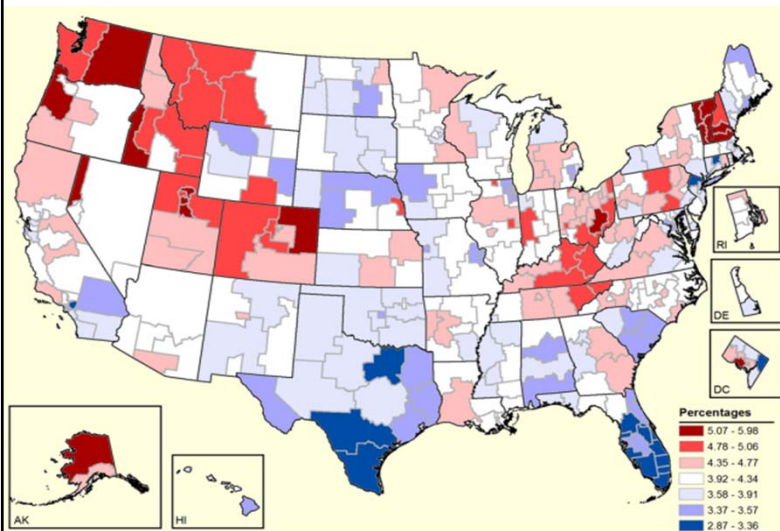
- U.S. – 25.4%
- **South Dakota: 44.5%**

	Increase	38 - 58%
	Increase	31 - 37%
	Increase	19 - 30%
	Increase	6 - 18%

Data are from the CDC's National Vital Statistics System; CDC Vital Signs, June 2018.
 Map is available at: <https://www.cdc.gov/vitalsigns/suicide/infographic.html#graphic1>



Serious thoughts of suicide in the past year - ages 18 or older



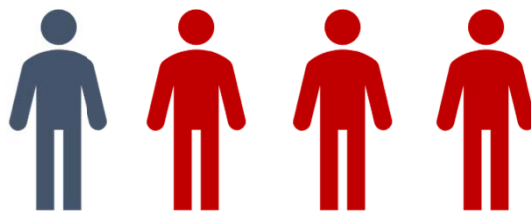
- U.S. – 4.0%
- **South Dakota: 3.9%**
 - Region 1: 3.9%
 - Region 2: 3.6%
 - Region 3: 3.7%
 - Region 4: 3.8%
 - Region 5: 4.2%

Source: 2014-2016 National Survey on Drug Use and Health (NSDUH) National Maps of Prevalence Estimates, by Substate Region. Available at: www.samhsa.gov/data/sites/default/files/cbhsq-reports/NSDUHsubstateNationalMaps2016/NSDUHsubstateNationalMaps2016.pdf WICHE

Suicide and primary care

People who die by suicide are more likely to see a primary care provider

Of those who died by suicide, 3 out of 4 had contact with their PCP in the year before their death



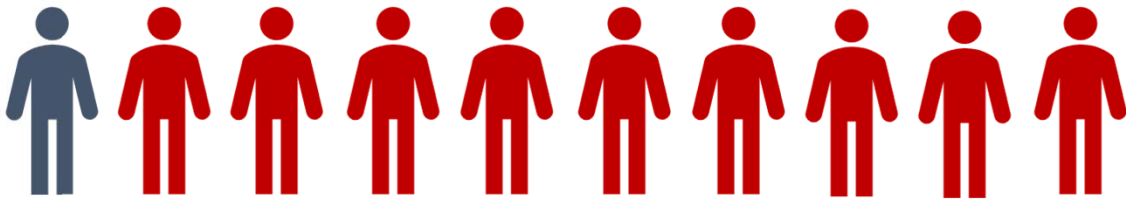
Source: <https://afsp.org/our-work/advocacy/public-policy-priorities/training-health-professionals>

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Suicide and primary care

Emergency Departments (EDs) are often used for crisis intervention

For every adult that died by suicide, 9 were treated in an ED for self-harm injuries



Source: www.cdc.gov/violenceprevention/pdf/suicideTechnicalPackage.pdf.

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Strategies for Preventing Suicide

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State suicide prevention plans

- All states have developed a suicide prevention plan
 - Available at: <https://www.sprc.org/states>
 - South Dakota's July 2013 Plan: www.sprc.org/sites/default/files/S.Dakota%202013%20SDSSP-final.pdf



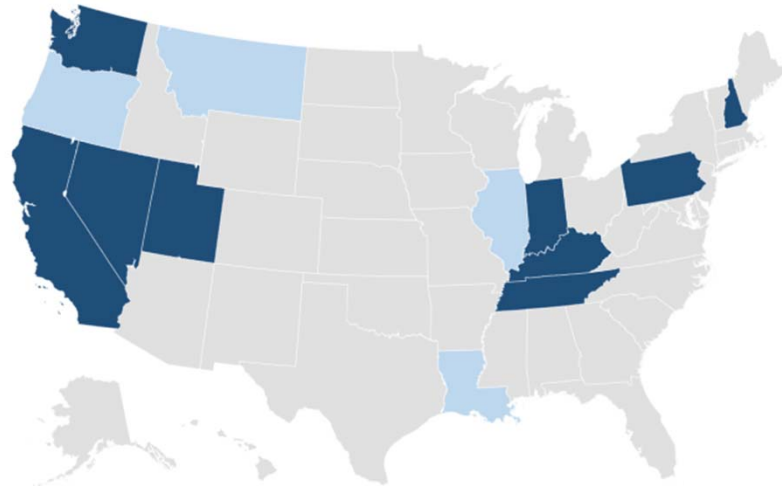
American Foundation for Suicide Prevention - State Priorities

- AFSP is supporting efforts for all 50 states to have policies related to:
 - Training health care professionals
 - Suicide prevention in K-12 schools
 - Suicide prevention on university and college campuses

Source: <https://afsp.org/our-work/advocacy/public-policy-priorities>.



Training health care professionals

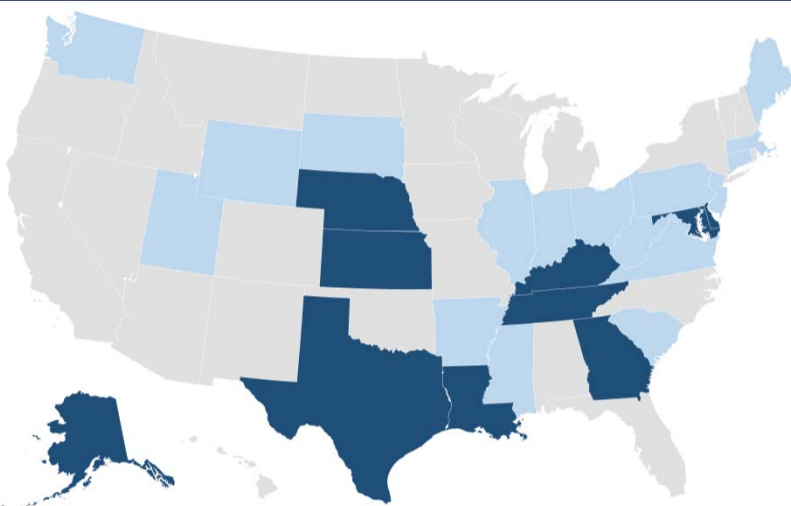


- 9 states mandate training
- 4 states encourage training

Source: http://afsp.org/wp-content/uploads/2018/02/AFSP_Health-Professional-Issue-Brief-2-5-18.pdf.

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Suicide prevention in K-12 schools

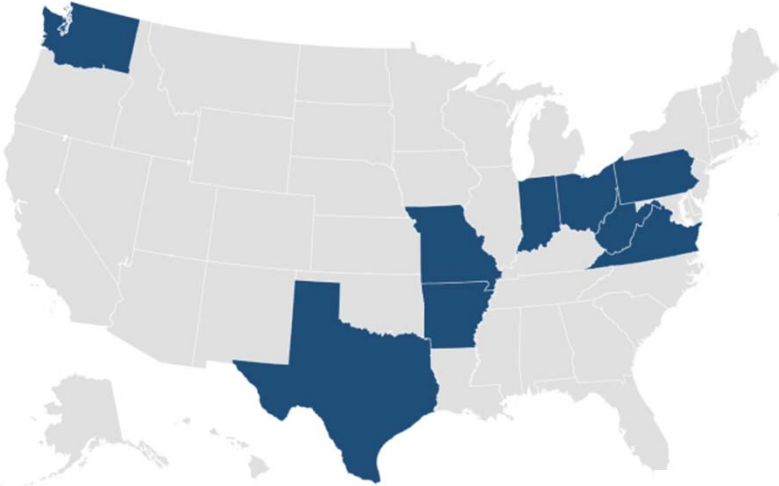


- 10 states mandate **annual** training
- 17 states mandate training
(but do not specify that it must be annual)

Source: http://afspq.org/wp-content/uploads/sites/4/2018/04/AFSP_K-12-Schools-Issue-Brief-2-5-18.pdf.

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Suicide prevention in higher education



- 9 states have laws and/or policies related to suicide prevention

Source: http://afsp.org/wp-content/uploads/2018/02/AFSP_Higher-Education-Brief-2-5-18.pdf



SPRC's suicide prevention approach



SPRC stands for the Suicide Prevention and Resource Center, which is a federally supported resource center devoted to advancing the National Strategy for Suicide Prevention. SPRC is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). Source: <https://www.sprc.org/effective-prevention/comprehensive-approach>.



Thank you!



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