

INCREASE COMMUNITY CAREGIVER SERVICES AND SUPPORTS LTF

SD COMMUNITY-BASED MENTAL HEALTH OVERVIEW

South Dakota Council of
Community Behavioral Health

July 19, 2019

SOUTH DAKOTA COUNCIL OF COMMUNITY BEHAVIORAL HEALTH

- 18 behavioral health provider agencies
- 11 Community Mental Health Centers (CMHCs)
- Comprehensive outpatient behavioral health care
- Serve people with serious mental illnesses and addictions
- Statewide system

CHARACTERISTICS OF CMHCs

- Private non-profit agencies
- Locally governed
- Authorized by the CMHC Act of 1963
- Regulated under the provisions of ARSD 67:62
- Contract with DSS to serve target populations
- Accredited by DSS
- Multi-disciplinary practices

CMHC CORE SERVICES

- 24/7 emergency services
- Assessment services to determine the best service match
- Outpatient services pursuant to Chapter 67:62:10
- Specialized outpatient services for children or youth pursuant to Chapter 67:62:11
- Specialized outpatient services for adults pursuant to Chapter 67:62:12

ADULT MENTAL HEALTH SERVICES

- Outpatient
- Emergency/crisis intervention
- Psychiatric/medication management
- Comprehensive Assistance with Recovery and Empowerment (CARE) services
- Individualized Mobile Programs of Assertive Community Treatment (IMPACT)
- Residential/transitional/assisted-living
- Vocational habilitation
- Patient assistance program (psychotropic medication)
- Homeless outreach (PATH)

CHILDREN OR YOUTH & FAMILY (CYF) MENTAL HEALTH SERVICES

- In-home, individual therapy
- In-home, family education/support/therapy
- Out of home therapy
- Crisis intervention
- Case management
- Assessment and evaluation
- Psychological evaluation
- Group therapy
- Interagency coordination

SPECIAL INITIATIVES

- Recovery based adult mental health services
- Infant/early childhood mental health services
- Health homes
- Crisis response services
- Co-occurring disorders
- Justice reforms
- Telehealth
- Suicide prevention
- Evidence-based practices
- Comprehensive outcome measurement

BOTTOM LINE

We collaborate with other providers, support organizations and state agencies to provide a virtual safety-net for the state's most needy and vulnerable citizens.

SUMMARY OF COMMUNITY-BASED RESIDENTIAL SERVICES/SUPPORTS

1. Transitional/Group Living:

- Betty's Place and Bridgeview Group Homes, Pierre (20 bed total capacity)
- Transitional Facility, BMS, Rapid City (12 beds)
- Transitional Residence, HSA, Watertown (14 beds)

2. Assisted Living Facilities:

- Rosewood Court, DCI, Mitchell (24 beds)
- Cayman Court, SEBH, Sioux Falls (24 beds)
- Cedar Village, LCBHS, Yankton (20 beds)

SUMMARY OF COMMUNITY-BASED RESIDENTIAL SERVICES/SUPPORTS (Cont.)

3. Supported Housing:

- New Start Program, BMS, Rapid City (23 units)
- SHIP Program, SEBH, Sioux Falls (30 clients)
- Sir Charles Housing, LCBHS, Yankton (34 units)
- HUD voucher programs (e.g. Shelter Plus Care, Sioux Falls; IMPACT Program, Yankton)

4. Independent Living/Supports:

- Bradford-Leary Center, CCS, Huron (23 units)
- Westview Apartments, DCI, Mitchell (24 units)
- CMHC owned/operated apartments, BMS, Rapid City (22 units)
- General case management services to all SMI clients

SUMMARY OF COMMUNITY-BASED RESIDENTIAL SERVICES/SUPPORTS (Cont.)

5. “Day Treatment”:

- Drop-In Center, CCS, Huron (ave. 10 clients/day)
- Pathways, DCI, Mitchell (ave. 70 clients/day)
- Mainstream Drop-In Center, BMS, Rapid City (ave. 25 clients/day)
- Clubhouse, SEBH, Sioux Falls (ave. 40 clients/day)
- Drop-In Center, HSA, Watertown (ave. 35 clients/day)
- Care Club, LCBHS, Yankton (ave. 30 clients/day)

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