

ACCESS TO MENTAL HEALTH SERVICES INTERIM STUDY COMMITTEE

SD COMMUNITY-BASED MENTAL HEALTH OVERVIEW

South Dakota Council
of Mental Health Centers

June 28, 2018

SOUTH DAKOTA COUNCIL OF MENTAL HEALTH CENTERS

- 11 Community Mental Health Centers (CMHCs)
- Comprehensive outpatient behavioral health care
- Serve people with serious mental illnesses
- Statewide system

CHARACTERISTICS OF CMHCs

- Private non-profit agencies
- Locally governed
- Authorized by the CMHC Act of 1963
- Regulated under the provisions of ARSD 67:62
- Contract with DSS to serve target populations
- Accredited by DSS
- Multi-disciplinary practices
- Provide 24/7 on-call crisis services

ADULT MENTAL HEALTH SERVICES

- Outpatient
- Emergency/crisis intervention
- Psychiatric/medication management
- Comprehensive Assistance with Recovery and Empowerment (CARE) services
- Individualized Mobile Programs of Assertive Community Treatment (IMPACT)
- Residential/transitional/assisted-living
- Vocational habilitation
- Patient assistance program (psychotropic medication)
- Homeless outreach (PATH)

CHILDREN OR YOUTH & FAMILY (CYF) MENTAL HEALTH SERVICES

- In-home, individual therapy
- In-home, family education/support/therapy
- Out of home therapy
- Crisis intervention
- Case management
- Assessment and evaluation
- Psychological evaluation
- Group therapy
- Interagency coordination

SPECIAL INITIATIVES

- Recovery based adult mental health services
- Infant/early childhood mental health services
- Health homes
- Crisis response services
- Co-occurring disorders
- Justice reforms
- Telehealth
- Suicide prevention
- Evidence-based practices
- Comprehensive outcome measurement

CHALLENGES

- Increasing intensity of services/clients
- Declining workforce
- Reimbursement concerns
- Limited payer mix
- Services in rural and frontier areas
- Inadequate facilities

SUMMARY

We collaborate with other providers, support organizations and state agencies to provide a virtual safety-net for the state's most needy and vulnerable citizens.

CONTACT INFORMATION

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