



LCBHS Agency Overview

Mission

“To pioneer and sustain comprehensive integrated mental health and substance use treatment services that promote the health and quality of life for our community members”

- LCBHS is a Non-Profit 501(c)(3) Corporation
- Nine Member Board of Directors
- The Corporation also has 43 members who serve in an Advisory Capacity
- 155 employees, 126 FTE on payroll in July
- Staff turnover last year was 19 FTE or about 15%. 10 of the turnovers occurred in residential facilities. We had 3 staff retire. We lost professional staff to Avera and to private practices.



LCBHS Agency Overview (Cont'd)

- LCBHS currently has 2 full-time positions open. One for a maintenance worker and one is for a Master's degree clinician to work in Outreach. LCBHS has a part-time position for a mid-level medical provider.
- Hiring is limited by dollars available either as a target amount in the case of Title XIX or as a contract amount.



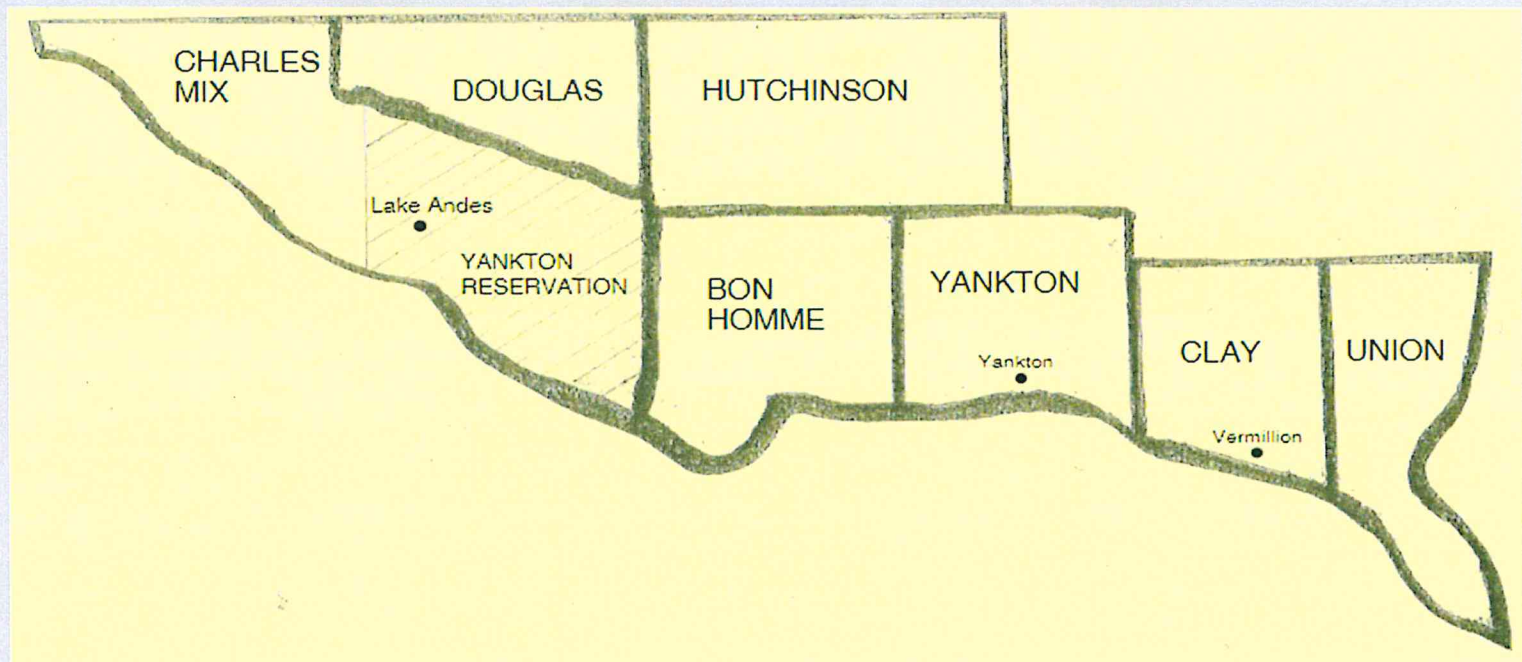
LCBHS Agency Overview (Cont'd)

- This year's budget is 8.4 million
- Revenue is almost all from fees for service – typically based on 15-20 minute increments of Face-to-Face Service. Services are also essentially capitated based on contract amounts and targets
- LCBHS receives approximately 47 percent of MH revenue from Medicaid and 30 percent from Block Grant*/State funds

*State gets a grant and we get a fee for service contract.

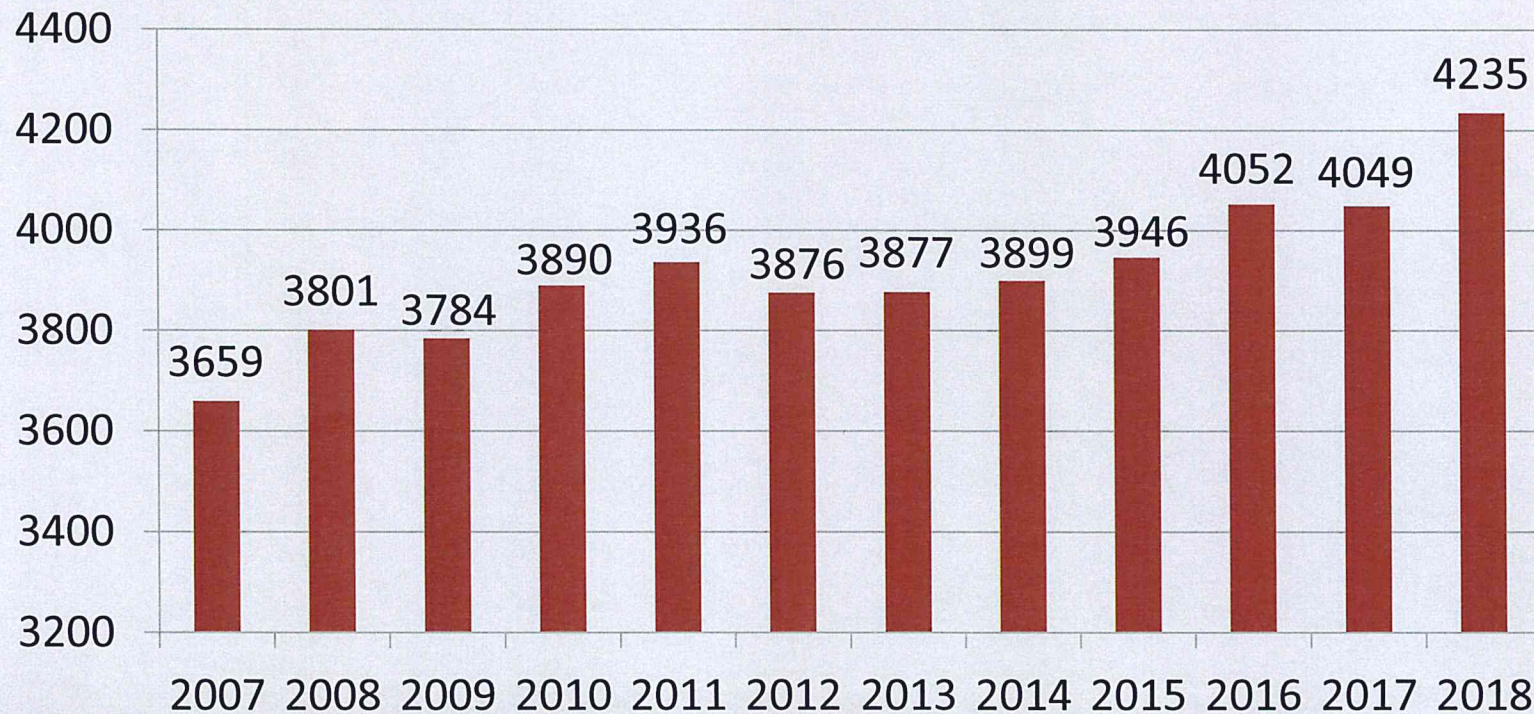
Overview of Services

- LCBHS serves persons in Bon Homme, Charles Mix, Douglas, Hutchinson, Union, Clay and Yankton counties

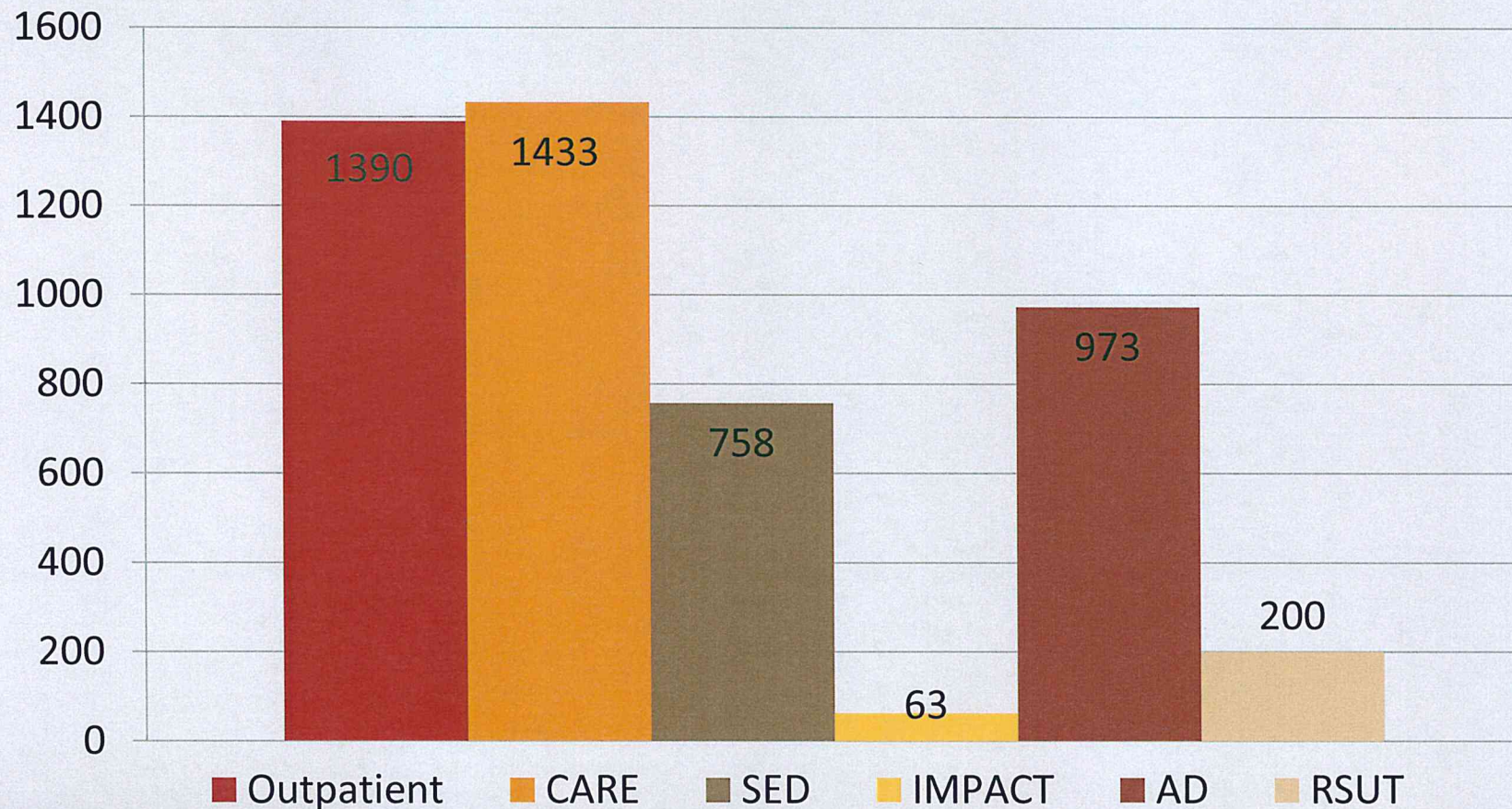


- Satellite offices in Lake Andes & Vermillion
- Approximately 5,016 square miles and 78,380 South Dakotans in service area
- Yankton Sioux Reservation in service area

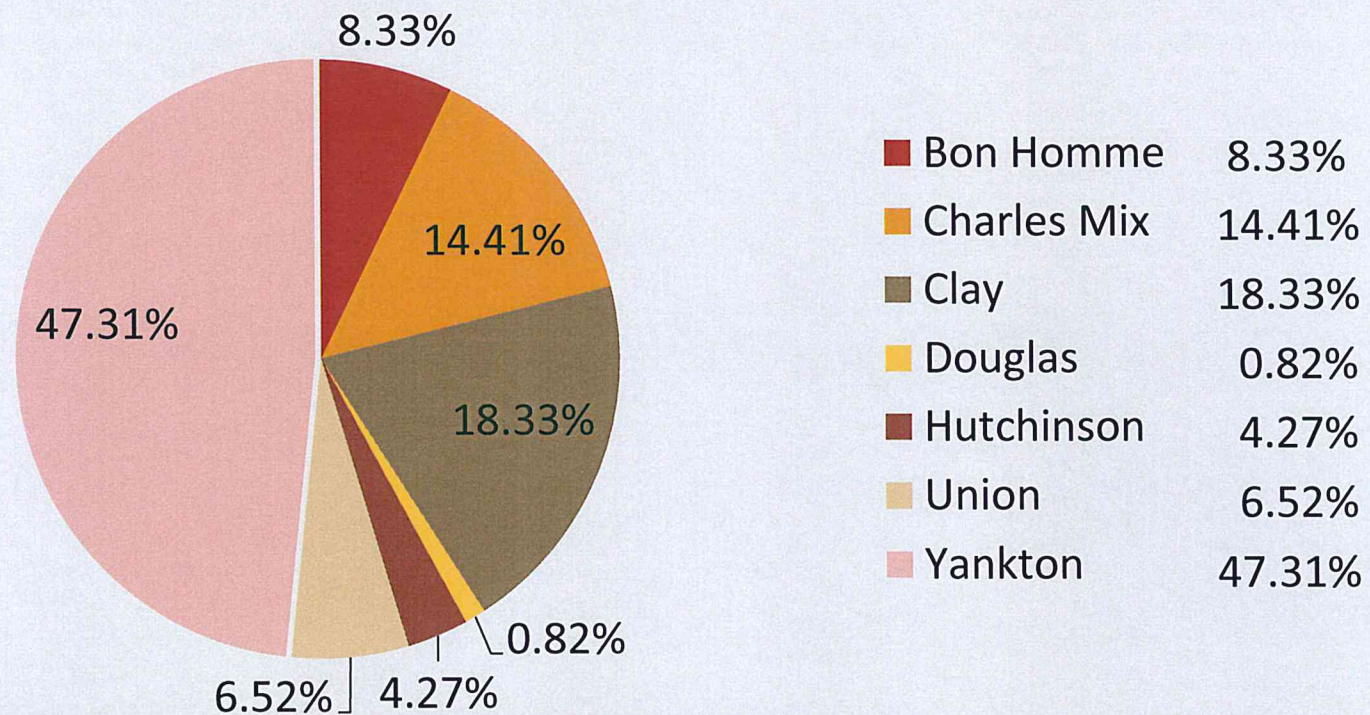
Total Number of Patients Seen FY 2007 – FY 2018



Number of Patients Seen During FY 2018 by Primary Service



Total Number of Patients Seen During FY 2018 by County





Service Delivery

- Staff traveled 534,641 miles to provide services in FY2018
- **Services are not typically office based**
- Staff provided home-based family service, school based and community based service
- Staff often need to track down individuals who have severe mental illness to make sure that meds are taken and/or to ensure safety
- Staff provided service in 23 schools and 25 nursing homes and assisted living facilities



Safety Net Services

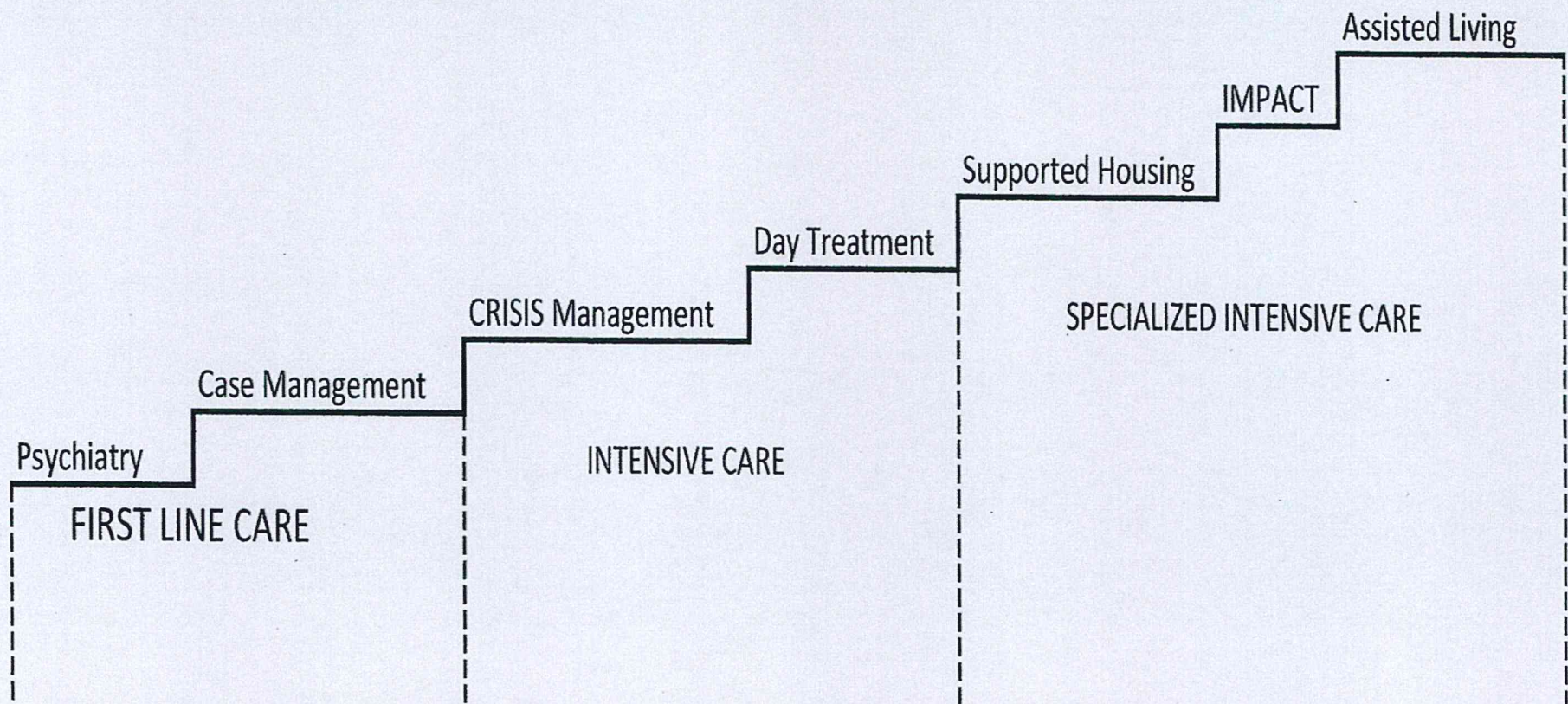
- LCBHS provides 24/7 coverage for Emergency Services. A qualified mental health professional is available to respond to emergencies, day or night
- 30% of the 1,929 new patients in FY2018 presented with suicide risk
- Staff took 649 after-hour crisis calls
- Staff managed 255 same day emergencies – almost all related to concerns about safety
- 181 certification evaluations were completed in FY2018



Services for Individuals with Severe Mental Illness

- Lewis & Clark Behavioral Health Services, Inc. in FY2018 provided care to 1,496 individuals who have severe and persistent mental illness
- These are individuals who at one time were largely served at the state hospital
- LCBHS provides a range of services to this population that can best be understood as a Stepped Continuum of Care

Stepped Continuum of Care





Child and Family Services

- LCBHS staff provided services to 758 children who had a serious emotional disturbance
- This number does not include parents or siblings who may have received family based services along with the identified child
- These are kids who have some level of impairment because of the emotional disturbance and there is often involvement with Child Protection Services, school counselors or Court Services
- The typical patterns that are seen are internalizing problems (think anxiety depression) or externalizing problems (think ADHD/substance use)
- There is all too often a history of trauma
- Services are generally short term but also best understood as being on a continuum depending on child and family need

Children's Mental Health Continuum of Care

Prevention/Early Intervention	Intervention	Intensive Intervention (typically team or group based)
	Individualized Family-Based Assessment	
Mental Health Screening for teen court	Clinic-Based psychiatric or counseling service	FFT (Family Functional Therapy)
School-Based suicide prevention/education	Home or School-based counseling	MRT (Moral Reconciliation Therapy)
Project Success Substance use prevention/education	Case Management	Wrap Around / Intensive case manager
	Home-Based Family therapy	Inpatient or Residential Treatment Aftercare
Crisis Response Services		



Mental Health Access Issues

- Lack of acute adult inpatient beds. HSC has gone from 4 acute units down to 2 acute units
- Need for increased support for community-based crisis intervention that would allow short-term (e.g. 23 hours) stay / observation
- Continued need for more supported housing/assisted living



Tour

- Focus on LCBHS response to mental health access issues
- Drive by tour of Cedar Village and Sir Charles (supportive housing developments)
- Walk through of Residential Substance Use Treatment unit
Detox/crisis bed
- QUESTIONS & ANSWERS