



Behavioral Health Community Care Options as Alternatives to Hospitalization

Dr. Matthew Stanley

Vice President, Avera Behavioral Health Service Line



Continuum of Services in Behavioral Health



- Screening



- Outpatient
Services



- Inpatient
Care



Screening

- ▶ Screening
 - ▶ Primary Care Provider
 - ▶ For Physical illness, access Primary Care
 - ▶ Make screening and assessment in mental health a standard of care in Primary Care throughout our state
 - ▶ Consider training for Medical School and residents training
 - ▶ Some states have standards in training around Behavioral Health and Substance Abuse

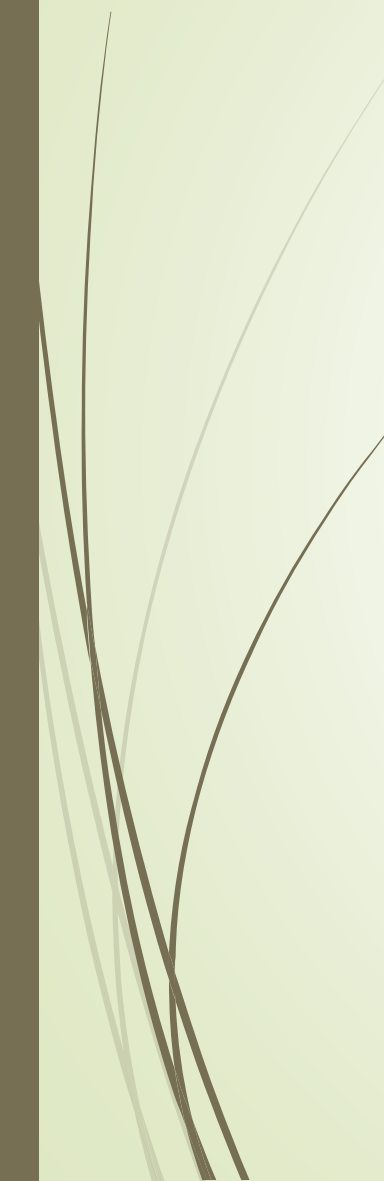


Assessment

- ▶ Level of Care Assessment
 - ▶ Avera Behavioral Health Assessment
 - ▶ Mobile Crisis
 - ▶ These assessments are VITAL in triaging patient to appropriate level of care
 - ▶ Impacts the Patient
 - ▶ Impacts the System



Outpatient Services

- Crisis Counseling
 - Ongoing Evidenced Based Individual, Family, Group Therapy
 - Medication Management
 - Day Programs
 - Service in the State of South Dakota that is underutilized compared to other states
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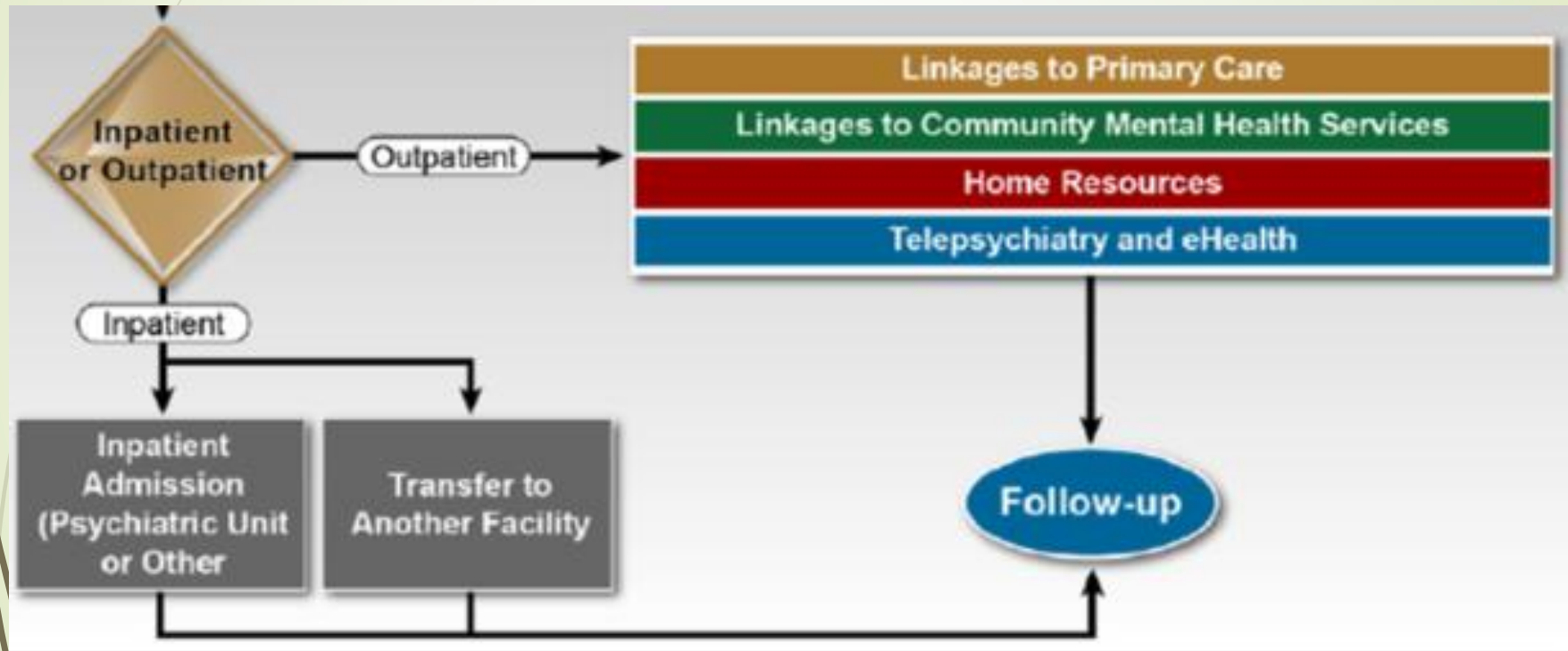


Inpatient Services



- Three private not-for-profit hospitals:
 - Regional Health in Rapid City
 - Avera St. Luke's in Aberdeen
 - Avera McKennan in Sioux Falls
- State Facility
 - Human Services Center

Inpatient & Outpatient Care is on a Continuum





Research on How to Avert Inpatient Care

- Day Hospitalization / Partial Programs
 - Acute day hospitals may be able to treat as many as one in five patients who would otherwise be admitted to acute wards, with comparable outcomes
- Crisis resolution teams can reduce inpatient admissions and increase satisfaction with acute care
 - Mobile Crisis
- Need to Secure and Treat patients Safely
 - EmPATH, Emergency Psychiatry Assessment, Treatment and Healing Units



Recommendations to Consider

- Challenge the dichotomies in the Behavioral Health System
- For recurrent users of the system, Implement a system that encourages outpatient commitments
- Incentivize early screening and detection in primary care
- Fill in more of the treatment spectrum between traditional outpatient appointments and inpatient care
 - Intensive Case Management
 - Partial Programming
 - Intensive Outpatient
 - Transitional Housing
 - Supervised Living



Recommendations to Consider

- Need to Secure and Treat patients Safely such as the EmPATH, Emergency Psychiatry Assessment, Treatment and Healing Units
 - Maintain people in community
 - Effectiveness is demonstrated
- Continue to support Mobile Crisis & eMobile Crisis to direct patients to services in the community
- When looking at inpatient psychiatric programs, keeping patients in their community when possible is important